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NEWS WORTH SHARING.

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Only Horwath can stop Hudak

Polls show surge in momentum for Horwath's NDP in the final week of the campaign.

+4% ANDREA HORWATH

Abacus, 06/09/2014

-3% KATHLEEN WYNNE

Hudak is not a factor in Toronto races
Don't let the Liberals tell you how you should vote

Wynne hopes you ignore Liberal corruption
Don't let the them get away with it

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SO YOU WANT TO REMAIN PREMIER: WYNNE EDITION

METRO ASKS ONTARIO'S LIBERAL LEADER ABOUT THE GAS-PLANT SCANDAL, SUBWAY SUPPORT AND THE PROGRESSIVE CONSERVATIVES' PROPOSED CUTS PAGE 8

Snoop tries getting Psy for a change

American and Korean rap artists collaborate on Hangover; use Metro AR to watch the music video PAGE 23

Heat know their enemy — and it's a lot like them

Wade calls Spurs the only other team that bounces back so much better PAGE 33

Police make arrests after sex assault in Tahrir Square

Video shows naked, bloody woman being escorted away from crowds PAGE 11

NEWS WORTH SHARING.

Will you vote on Thursday?

Decision Ontario

The odds say 'No.'

Historic fatigue means mobilizing voters may be more critical than ever

The pressure is on all three main parties to combat a record-low turnout expected in the provincial election.

With the Liberals, New Democrats and Progressive Conservatives counting on their core supporters and those few undecided, all parties agree the ground war this time around may be more important than ever — especially for the Grits and Tories, who are said to be in a statistical tie.

"I think we will hit a record low, unfortunately," said Duff Conacher of Democracy Watch, a national citizen advocacy group. He's predicting a 45 per cent turnout on June 12, down from 48.2 per cent in 2011.

His prediction is supported by the fact that only 566,845 Ontarians voted in the advance polls over seven days, down from 603,785 in the 2011 election when the advance polls were open for 10 days.

Conacher blames, in part, the fact that not one of the three main parties put forward any specifics on how "to clean up Ontario politics," adding that history shows voting numbers go up when parties offer concrete solutions in this area.

Not since the 1971 election, when Bill Davis became premier, has the turnout cracked 70 per cent. It has shown a steady decline since 1995, when Tory premier Mike Harris took power.

"I think this is an extremely important election and I encourage everyone out there to vote," said NDP Leader Andrea Horwath during a campaign stop in Sarnia.

A Liberal insider said a low turnout means volunteers become even more important because "your ground game and your resources absolutely make a real difference."

"Literally, it's the old-school knocking on doors, checking the lists at polling locations and going back to the doors for the people who haven't voted," she said.

A governing party can benefit from few voters turning up. "There would be ... some areas where a low turnout would be good for us, because there are people who are angry with the government," the Liberal source said.

While mobilizing the vote may now involve using all tools available — from Facebook to Twitter to large supporter databases — Will Stewart, director of media for the Progressive Conservative campaign, said the key is getting each local campaign to organize its electorate.

"It really is what the campaign is all about — identifying who will vote for you and pushing the vote out on election day," Stewart said on Monday.

"This really is a high-stakes campaign." TORSTAR NEWS SERVICE

MORE ELECTION COVERAGE, PAGE 3

Labour not locked down

Ordinarily, the NDP could rely on organized labour to help pull the vote, but this time around there is no common labour front.

- Some unions and organized labour groups, including the Ontario Federation of Labour, have aligned themselves with the Liberals.

RONALDO'S STATUS UP IN THE AIR

Portugal's Cristiano Ronaldo, FIFA's Player of the Year for 2013, balances a ball during training camp Monday in Florham Park, N.J. The team is practising at the New York Jets training facility during a stop on their way to the World Cup in Brazil. The 29-year-old Real Madrid superstar is suffering from tendinitis in his left knee, according to the Portuguese FA. Ronaldo's status for Portugal's final World Cup tune-up against Ireland is still up in the air, according to coach Paulo Bento, although it's encouraging that he has been training with the team the past three days. More World Cup coverage, page 10. TIMOTHY A. CLARY/GETTY IMAGES

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Fear-mongering and loathing

Decision Ontario

Campaign trail.
Party leaders ramp up the rhetoric down the home-stretch

Ontario's election campaign brought equal parts jostling, flip-flopping, fear-mongering and meddling from Parliament Hill as the major party leaders fine-tuned their pitches for "the sprint."

With voters heading to the polls Thursday, Liberal Leader Kathleen Wynne warned Tim Hudak's plan for 100,000 job cuts would hurt schools, while the Progressive Conservative leader changed his tune on funding for a new light rail transit line in Ottawa if the city decides to go ahead.

"Phase two of the LRT, road, bridges, whatever it is going to take to help break gridlock in Ottawa ... that is what we are going to do," said Hudak, who is hoping to oust Liberal Energy Minister Bob Chiarelli in Ottawa West-Nepean.

NDP Leader Andrea Horwath reiterated that she would not support Hudak's push to shrink the public sector workforce if he wins a minority government and federal Finance Minister Joe Oliver called on Ontario to shrink its $12.5 billion deficit after Quebec last week delivered a restraint budget.

That push from Oliver follows his concern about a potential rise in interest rates and the "inescapable mathematical calculation" of higher debt costs as Wynne promises to quickly re-introduce her left-leaning budget if returned to office.

The drama on the campaign trail reflected polls suggesting the race is too close to call between the Liberals and Conservatives with the NDP trailing in third.

"There's a lot of mud being slung at us," Wynne, whose minority government has been tarnished by the $1.1-billion power plants scandal, told supporters at a rally in Stratford.

Earlier in the day in Cambridge, another riding held by the Conservatives, she charged Hudak's job cuts over the next four years would include at least 22,700 teachers and educational workers.

"That would put kids at risk," she said at the first of two school visits of the day, boasting the Liberals have boosted the high school graduation rate to 83 per cent from 68 when the took power from the Conservatives in 2003.

Ontario Conservative Leader Tim Hudak speaks at a campaign stop in Ottawa on Monday. JUSTIN TANG/THE CANADIAN PRESS

Hudak, who has said his cuts would merely trim Ontario's public sector to 1999 levels as taxpayers struggle under the burden of a $12.5 billion deficit, came out backing the second Ottawa LRT line after previously turning thumbs down on it.

"Our position has been consistent," Hudak insisted. "I can't make commitments until we balance the budget."

In Sarnia, also a Conservative riding, Horwath said Hudak's flip-flop is further evidence his plan "makes no sense ... he can't make a decision one day to the next."

She sidestepped questions earlier in the day about a possible coalition government, saying, "I'm running to be premier," and reiterated she would not back Hudak's plan to chop public sector jobs — or Wynne.

"I will not support 100,000 families being kicked to the curb and I will not support corrupt Liberals," Horwath added in a reference to the gas plants scandal. TORSTAR NEWS SERVICE

Quoted

"Look, I didn't discover a bag of money on the flight here to Ottawa."
Tim Hudak

Bike pains: One pedal forward, one pedal back

Cyclists place their bikes in loading docks. RICK EGLINTON/TORSTAR NEWS SERVICE

Less than 10 kilometres.

That's the total length of new bike lanes that were planned to be painted in 2014. But with an election less than five months away and the year half over, they have yet to be approved.

Part of that plan is adding lanes to Harbord St. and Hoskin Ave. and approving a pilot project for Richmond and Adelaide streets. Together those new lanes, totalling nearly seven kilometres, are the most action downtown lanes have seen in the past four years. The proposal is set to go before council June 10. If you're a cyclist, there is not much to cheer about.

Step back to 2001, when the Toronto Bike Plan was endorsed by council and released to much fanfare. It promised to make the city a bicycle-friendly haven. Though ambitious, the feeling at the time was it could be done.

The plan set out to build by 2011 a 1,000-kilometre network, of which 495 kilometres would be on-road bike lanes.

Thirteen years on and well past the plan's 10-year objective, 1,000 kilometres remains the city's target — but only on paper. Today the network spans 571 kilometres but includes just 114 kilometres of on-road bike lanes. Since 2010, when Mayor Rob Ford took power, the city has actually lost three kilometres of bike lanes.

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Poll. Tory's 'SmartTrack' plan popular with voters

TORONTO VOTES 2014

John Tory. TORSTAR NEWS SERVICE

Mayoral candidate John Tory is on the right track with his SmartTrack transit plan, according to the latest findings from Forum Research.

A poll of 944 Toronto residents showed 52 per cent approve of a plan that would use electrified GO tracks to run a "surface subway" from Mississauga to Markham. Tory said it would cost about $8 billion — about $2.5 billion, or a third of which, would be financed by the city.

Twenty-nine per cent of respondents disapproved of the plan, and 20 per cent said they didn't know.

The support for Tory's platform is stronger than other plans that have been floated recently, said Forum Research president Lorne Bozinoff.

He cited results of the same poll that show less support for a downtown relief subway line, he said.

Only 44 per cent approve of that plan, which would put a below-grade line from the east end of the Danforth subway to Union Station and back up to meet the Bloor line in the west. Forty-two percent disapprove of that plan.

The poll results are consistent with other research on transit that shows residents generally support plans that are going to run near their homes, said Bozinoff.

The downtown relief line, intended largely to relieve crowding on the Yonge line, drew more support in Toronto and East York — 63 per cent — than in North York, where only 32 per cent approved it.

By comparison, Tory's plan, which he says could offer similar relief on the Yonge line, attracted 62 per cent support in the suburban Etobicoke and York areas, and only 45 per cent in the downtown.

TORSTAR NEWS SERVICE

TD Economics report

Each city tree worth about $700

What's a tree in Toronto worth? About $700, according to a special report from TD Economics.

Toronto green space is a "critical factor" in the environment, human health and overall quality of life, TD Economics said.

"An investment in urban forests is an investment in the overall economic and environmental well-being of urban society," according to the report, released Monday.

The study shows that Toronto's greenery provides residents with more than $80 million — about $8 per tree — worth of environmental benefits and cost savings each year. The report pegs the replacement value, what it would cost to remove a tree and replant a similar one, at over $700 billion, or about $700 per tree. TORSTAR NEWS

Lawn bowling club's demise prompts a clash

Davisville Village. Genteel green space destined to become five new houses — or, says a councillor, a park

Concerned neighbours like Derek Tilley are now fighting to turn the manicured lawns into a city park, while property developers have their eyes on the space for new houses. VINCE TALOTTA/TORSTAR NEWS SERVICE

There was an old-timey charm to the Glebe Manor Lawn Bowling Club, a 91-year-old greenway in Davisville Village.

"At night it had that soft white light, everyone dressed in white," recalled Derek Tilley, 44, who lives across from the quaint clubhouse and its manicured lawn. "It looked like a Norman Rockwell painting."

Those days are over. Dwindling membership in the leisurely sport forced the club to shutter last fall, spelling an end to the picturesque bowls.

Now a tug-of-war is being waged between a property developer and Coun. Josh Matlow over whether the multi-million-dollar property will become a public park or a row of new houses.

Developer Michael Volpentesta recently submitted an offer on the lawn bowling club with the intention of severing the lot for five new homes. He said the club's board, responsible for brokering the deal, has accepted his bid.

"It's pretty much a done deal," Volpentesta told Torstar News Service, refusing to disclose how much he offered.

According to an assessment by a Davisville real estate broker, the land is easily worth $4 to $5 million.

News of Volpentesta's offer came as a surprise to Matlow, who had repeatedly approached the club since late 2013 with interest in buying the land for a park. At this week's city council meeting, he will ask council to dip into a municipal park acquisition fund to buy the land.

"Anyone who thinks they will have an easy time severing or developing this site has another thing coming," said Matlow. "They will see an enormous amount of community resistance."

Matlow is confused as to why the board refused to entertain his offer.

"I'm very upset that the board president seemed to ignore our interest in acquiring the land for a public park. I very much hope that the board president shared our interest with his fellow board members … to work with the city on creating a public park. To this day, I don't know if that's occurred," Matlow said.

Members of the board have not responded to Torstar's questions about the deal.

An online petition supporting the proposed park has amassed 800 signatures, and many agree that the neighbourhood could use more green space.

Matlow will hold a community meeting June 18 about the lawn bowling club. Regardless of who owns the land, he will keep fighting to keep it green.

TORSTAR NEWS SERVICE

Quoted

"Anyone who thinks they will have an easy time severing or developing this site has another thing coming."

Coun. Josh Matlow, on community resistance to developments on Glebe Manor

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Tinder profile gets you hot and bothered ... about Liberty

Decision Ontario

Swipe right? A local Libertarian Party candidate aims to lure in voters with an alluring photo on hookup app

Much like love, wooing voters sometimes requires dabbling in the art of seduction.

That's how MPP hopeful Andrew Echevarria sees it. The Ontario Libertarian Party candidate for Trinity-Spadina is using Tinder to connect with young people in the downtown riding, hoping to score votes the same way others score dates.

"I catch their eye," said Echevarria, who joined the online dating app recently. "Tinder is a great moment to catch someone when they're just hanging out."

Toronto Tinder users may recognize the dark-haired, well-suited Echevarria as they swipe left and right through the app's GPS-enabled library of potential romances. He set his search limit to scope of the riding and has already been inundated with love connections.

However, he keeps his intentions up front.

"Tired of dating the same old politicians who lie just to get your ballot? Hook up with Liberty!" he teases, listing his age as 24. Those interested can "swipe right to debate or learn more."

TORSTAR NEWS SERVICE

Indecent proposals

Andrew Echevarria had a number of romantic proposals. Some have offered to meet up for coffee or a beer, while others are more PG-13.

- "Some have said if you send me a dirty picture I'll vote for you," he said. "One guy asked me 'Do you want to wrestle?' I said I'm a bit busy wrestling the Liberals and Conservatives right now."

Andrew Echevarria has found his Tinder profile has got some Torontonians excited. CONTRIBUTED

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Rooftop renos complicated fight against fatal fire

A Peel Regional Police Forensics officer at the scene Monday. TORSTAR NEWS SERVICE

Renovations made to the roof of a Brampton townhouse complex complicated firefighters' efforts to battle a fast-moving blaze early Sunday morning that damaged 18 residential units, forced dozens of people to flee their homes and killed a 10-year-old boy.

Firefighters arrived at the two-storey building on Ardglen Drive near Kennedy Road and Clarence Street around 3:15 a.m. It took emergency crews 22 hours to finally extinguish the flames, according to Michael Clark, Brampton's deputy fire chief.

Clark said the building's original flat roof had a second pitched roof constructed on top of it, which made it harder for fire crews to attack the flames from above.

"Above the room, you have an attic space, then a roof, and then another roof," Clark said.

Quoted

"There would have to be fire separations in between the roof space, if they were building it today."

Michael Clark, Brampton deputy fire chief

In that hollow between the old and new rooftops, the fire could quickly spread laterally to the living areas on each side, Clark said, adding he suspected there were no firewalls in that cavity to slow the flames.

"There would have to be fire separations in between the roof space, if they were building it today," Clark said. "It likely was in code at the time it was constructed."

TORSTAR NEWS SERVICE

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Decision Ontario

JESSICA SMITH CROSS
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CONTRIBUTED

KATHLEEN WYNNE:

As part of a series of Metro interviews with provincial leaders ahead of the June 12 election, we talked to Kathleen Wynne about the gas plant scandal, subway support and why she thinks the proposed cuts by the Progressive Conservatives would be dire for Ontario

'IF I HAD HAD ALL THE INFORMATION THEN ... I WOULDN'T HAVE SIGNED THAT DOCUMENT'

If Liberal Leader Kathleen Wynne's opponents have their way, the gas plant scandal — or Liberal scandals generally — will be the defining issue of the election.

Wynne spoke to Metro by phone Friday, as part of our series of one-on-one interviews with the provincial leaders.

The news that the OPP anti-rackets squad had served legislature staff with an order to produce documents related to the scandal, and that the OPP interviewed former premier Dalton McGuinty in April, had broken the night before.

"I knew, from the press, that (McGuinty) was going to be (interviewed), but I had no idea of the date, and I found out yesterday," Wynne said.

In last week's debate, Wynne was asked by her chief opponent — Progressive Conservative Leader Tim Hudak — why she didn't "just say no" to signing a document that was part of the gas plant scandal and which, in his words, "sold taxpayers up the river."

Her answer in the debate wasn't clear. So Metro gave her the chance to answer that question again. In response, Wynne emphasized that the decision to move the gas plants was one to which all three major parties had agreed.

"The full answer is that I was part of a government that was implementing this decision — that had been agreed on by all of the parties," Wynne said.

"It was basically the beginning of a process, of a negotiation, in order to make sure that those gas plants were relocated," she said. "If I had had all the information then that I have now, then I wouldn't have signed that document. But I didn't."

Her government's support for building a subway rather than an LRT in Scarborough has been compared, by some, to the gas plant scandal in that it was a costly decision to cancel agreed-to plans — a decision that may have political benefits for the Ontario Liberals in strategic ridings.

Metro's Matt Elliott raised concerns about the decision in a column, and Spacing magazine recently published the results of its investigation into the political machinations of the decision.

Wynne denied that the decision was politically motivated, despite the fact that the Liberal byelection candidate in Scarborough-Guildwood, Mitzie Hunter, campaigned as the subway champion, and won. Instead, she said it was made based on discussions with Toronto City Hall.

One of the components of the Liberal's transit and transportation funding plan is raising the tax on aviation fuel, which will likely make it more expensive to fly into and out of the province, if implemented. Wynne declined to answer the question on what impact that will have on the economy.

"I think, I really need to turn that question around," she said. "I think we have to ask, what is the toll on productivity in this region if we do not build transit? The toll on the whole range of communities across the GTHA is huge, it's billions of dollars a year that is lost in productivity and, beyond that, it's quality of life in terms of people's stress, in terms of people's ability to spend time with their families."

The $29 billion over 10 years budgeted for new transit and transportation infrastructure — $15 billion for transit in the GTHA and $14 billion for transportation in the rest of the province — is a key part of the Liberal platform.

Months before the election, Wynne consulted widely on what revenue tools would be best to raise the necessary funds — such as tolls, a tax on congestion or an increase in the gas tax or HST — and once predicted she would be campaigning on that politically difficult decision.

Instead, her government proposed a fiscal grab bag that includes borrowing, asset sales and redirecting other existing revenue streams.

When asked where the political will for a gas tax or HST increase had gone, Wynne said she recognized it "was not viable at this point."

"The broad swath of middle-class people are still struggling coming out of the economic downturn," she said.

Wynne's message to Metro readers wasn't about scandal, it was about whether Ontario should make the cuts proposed by the Progressive Conservatives, or not.

"We're at a very important junction. This election is a choice between a plan that is going to invest in and build up the region as well as the province and a plan that Tim Hudak's putting forward that would push back, in terms of economic recovery, that would push us back into recession. It's a very important decision that people are making."

Where the Liberals stand:

On ranked ballots and electoral reform:
"What we've said is we'd be open to municipalities looking at ranked ballots and we'll work with municipalities. There's only one municipality that has asked for that, and we're open to having that discussion, yes."

On affordable housing:
"We have, in our term, built 17,000 units of affordable housing; we did partner with the federal government and we have committed to continuing to partner with them for the next phase of building and renovating affordable housing ... I will continue to work with other provinces, quite frankly, to petition the federal government to continue to support, and go beyond that and put in place a national housing strategy. We are also committed to putting $42 million into the homelessness programs that municipalities administer and all of that is contained in our budget and our plan."

On guaranteed minimum income:
"The Ontario Child Benefit has lifted thousands of kids out of poverty and, in fact, one of the things that I'm worried about, in terms of our budget not being implemented, is that we were on track to put another $100 into the Ontario Child Benefit for families in need. So we will continue to work. It's absolutely why we have a poverty reduction strategy, it's why we are investing in homelessness, it's why we are moving ahead to increase, we want not just to increase the minimum wage, but index it to the CPI. Those are all initiatives we've taken to ensure that people have an adequate living wage."

Does she believe coalition governments are a legitimate part of parliamentary democracy in Ontario, and does she believe voters would want one?
"We've been very clear that the party that receives the most seats on June 12 is the party that has the right to try to form government. I'm not going to weigh in on hypotheticals about coalitions one way or another; we've been very clear what our position is."

On childcare:
"We are the government that has brought in full-day kindergarten and right now the childcare system is in a transition, and we'll continue to work with municipalities and with childcare providers to make sure that they can continue to offer service."

Pour him a glass of "thank you very much."

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ALL EYES ON BRAZIL

Two more days until the 2014 FIFA World Cup starts. Metro has you covered with the latest.

Something new afoot

Shoe companies unveil new products

Nike, Adidas, Puma and other shoemakers are all trotting out new and innovative looks for this summer's World Cup. Shoe deals are part of the game for every star, and even some average players. Cristiano Ronaldo wears Nike. Lionel Messi wears Adidas. Puma and Mizuno have their own athletes. Here are five things to know about the boots on the ground in Brazil:

1 **What the heck?** Puma is pushing the envelope by putting its athletes in one pink shoe and one blue shoe. Apparently, this will make it easier to tell which foot that player is using to deliver the goals: Pink is right and blue is left. Look for Spain's Cesc Fabregas and Italy's Mario Balotelli in the boots.

2 **Shoes or socks?** Nike's statement for the World Cup is its new Magista and Mercurial soccer boots that use the company's fly-knit technology, which basically looks like cleats attached to a pair of socks. Cristiano Ronaldo is going to be wearing the Mercurial Superfly, a high-top version with a cool name.

3 **Adidas goes retro.** Adidas is offering the back-and-white Battle Pack collection of four different cleats. The only pop of colour is the trademark three stripes in neon orange. An exception was made for Messi, who gets the star treatment with his own design and a bit of added Argentina blue on his F50s.

4 **Golden boot.** The top goal scorer at the World Cup receives the Golden Boot award. But at least one player will already have his golden boots: Mizuno has designed special gold-and-black Wave Ignitus 3s for Keisuke Honda of Japan. It's only fitting for a player whose nickname is "Emperor Keisuke."

5 **Shine a light.** Ecuador goalkeeper Maximo Banguera will be wearing Lotto Solista boots that have a special skin that reflects light, which the Italian shoemaker claims causes the shoes to "glow" in direct sunshine or under bright lights. We'll let you be the judge. There are a number of YouTube videos demonstrating the effect.

Spain's Andres Iniesta is seen wearing his Nike Magista cleats during an exhibition soccer game. LIUS M. ALVAREZ/THE ASSOCIATED PRESS

World Cup fever is hot, so hit the beach to cool down!

People play with a soccer ball on Ipanema beach on Monday in Rio de Janeiro, Brazil. From souvenir hunting to autographs to trying some underwater kicks, revellers in Brazil have been preparing for the World Cup, which starts on Thursday and runs through July 13. Scan the photo with your Metro News app to see a photo gallery of the scene in Brazil. JOE RAEDLE/GETTY IMAGES

Transport chaos. Subway workers' strike threatens travel to World Cup games

Brazilian police and striking subway workers clashed Monday in a central Sao Paulo commuter station, with union officials threatening to maintain the work stoppage through the World Cup opening match here this week.

The threat came despite a Brazilian labour court ruling on Sunday the strike is illegal.

Authorities are deeply worried about the strike because the subway is the main means of transportation for World Cup fans who will attend Thursday's opening match when Brazil takes on Croatia.

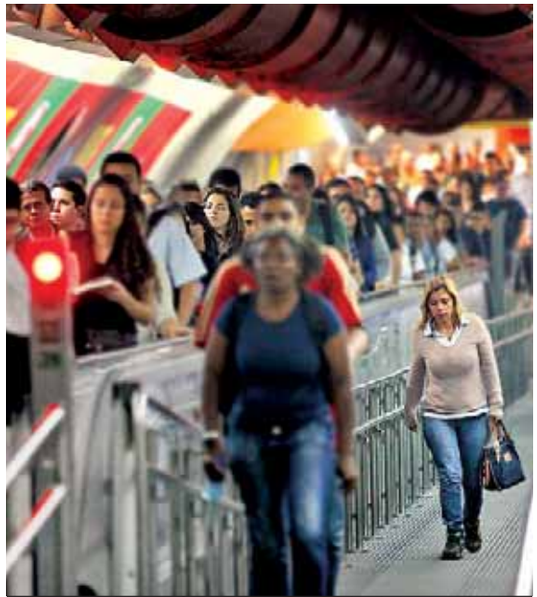
The stadium is about 20 kilometres east of central Sao Paulo, where most tourists stay.

Earlier Monday, riot police firing tear gas forced about 100 striking workers out of the station as the strike threw Sao Paulo's normally congested traffic into chaos for a fifth day. About half of the city's subway stations were operating, but with greatly diminished service.

"This is the way they negotiate, with tear gas and repression," said Alexandre Roland, a union leader.

The standoff with the Sao Paulo transport workers is the latest unrest to hit Brazil in the run-up to the World Cup.

Teachers remain on strike in Rio de Janeiro and routinely rally and block streets. Police in several cities have gone on strike, but are back at work now. THE ASSOCIATED PRESS



Commuters wait to transfer to an open metro station during a tangled morning commute on Monday in Sao Paulo, Brazil. MARIO TAMA/GETTY IMAGES

7 men held after female student sexually assaulted

Egypt. Tahrir Square has seen multiple sexual attacks on women amid the large crowds that mass there for protests or celebrations

Egyptian police on Monday arrested seven men for sexually assaulting a 19-year-old student during celebrations marking the inauguration of the country's new president in Cairo's central Tahrir Square the day before, security officials said.

Video footage posted on social media purportedly shows the student completely naked amid a crowd of men, parts of her body bloodied as policemen struggle to escort her out of Tahrir.

Police were investigating 27 complaints of sexual harassment against women in Tahrir, where tens of thousands celebrated Abdel-Fattah el-Sissi's inauguration on Sunday late into the night, the officials said.

Sexual harassment has been one of Egypt's enduring social ills.

THE ASSOCIATED PRESS

Supporters of Egyptian President Abdel-Fattah el-Sissi celebrate his inauguration in Tahrir Square, Cairo, on Sunday. THOMAS HARTWELL/THE ASSOCIATED PRESS

Karachi, Pakistan

Taliban claims responsibility for attack on airport

The Pakistani Taliban on Monday threatened more attacks after claiming responsibility for a brazen five-hour assault on the country's busiest airport in which gunmen disguised as police guards stormed the international airport in Karachi and set off explosions. At least 18 people were killed beside the attackers.

The attack further diminished prospects for a resumption of peace talks with the Pakistani Taliban that officials had hoped could bring an end to their campaign to overthrow the U.S.-allied government.

THE ASSOCIATED PRESS

Boko Haram. Gunmen kidnap 20 women in northeast Nigeria

Suspected Boko Haram gunmen have reportedly kidnapped 20 women from a nomadic settlement in northeast Nigeria near the town of Chibok, where the Islamic militants abducted more than 300 schoolgirls and young women on April 15.

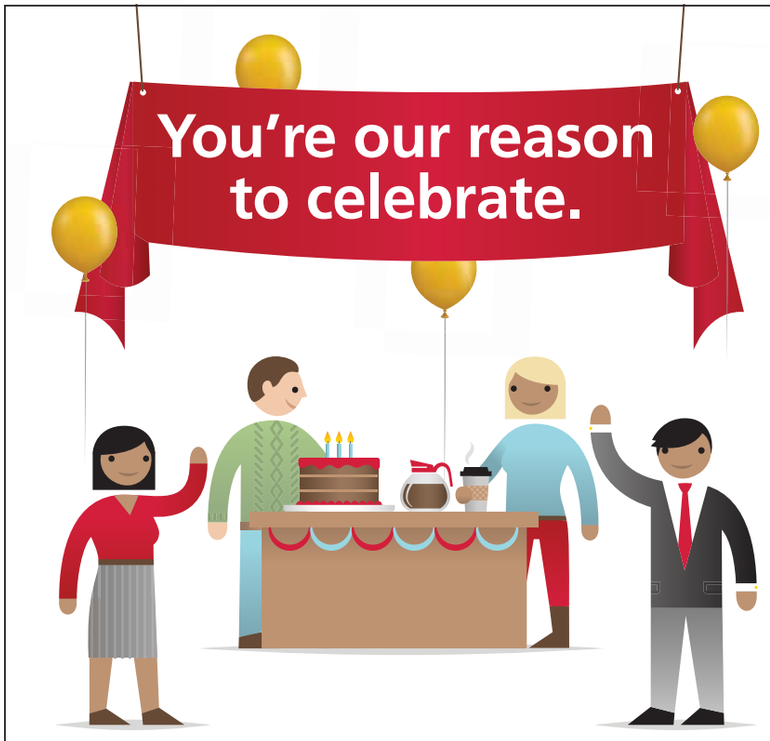
The group seeks to establish a pure Islamic state ruled by sharia law.

Alhaji Tar, a member of the vigilante groups set up to resist Boko Haram's attacks, said the men arrived at noon Thursday in the Garkin Fulani settlement and forced the women to enter their vehicles at gunpoint. He says they drove away to an unknown location in the remote stretch of Borno state.

Tar said the group also took three young men who tried to stop the kidnapping.

"We tried to go after them when the news got to us about three hours later, but the vehicles we have could not go far, and the report came to us a bit late,'' he said. In another incident, the defence headquarters said Monday that troops prevented raids by Boko Haram this weekend on villages in Borno and neighbouring Adamawa. Soldiers killed more than 50 militants on Saturday as they were on their way to attack communities. The military has come under criticism from Nigerians who say they're left to fend off attacks on their own.

THE ASSOCIATED PRESS



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Three slain Mounties honoured at public visitation in Moncton

'Such a loss.'
Thousands of police officers expected to attend funeral in Moncton Tuesday

People in Moncton came together Monday in a public show of support for the RCMP as they grieved the deaths of three Mounties shot dead in the line of duty last week.

Under a cloudless sky, people gathered at the Moncton Wesleyan Celebration Centre for a public visitation service for constables Fabrice Georges Gevaudan, Douglas James Larche and Dave Joseph Ross.

About 200 people were lined up as the doors swung open to a large auditorium, where three flag-draped caskets lay near the front of the room. Atop each casket was a Mountie's brown Stetson.

"I really think there's a need for us, the people of the city, to support the RCMP," said local resident Elaine Gray,

"For me, I just wanted to say thank you again and again to these people.... (What happened) was so senseless and such a shame and such a loss. I didn't know any of them personally. I know all of them now."

The visitation service was held as the city prepares to welcome thousands of police officers from across Canada for an RCMP regimental funeral service Tuesday. The service will be televised.

Justin Bourque, 24, of Moncton is facing three charges of first-degree murder and two counts of attempted murder. THE CANADIAN PRESS

The caskets of, from left, Const. Dave Joseph Ross, 32, Const. Douglas James Larche, 40, and Const. Fabrice Georges Gevaudan, 45, sit in Wesleyan Celebration Centre in Moncton, N.B., Monday. SEAN KILPATRICK/THE CANADIAN PRESS

Unrelated charge

Death threat for police

A man was charged in Moncton, N.B., on Monday with uttering a threat to cause death to peace officers, but RCMP issued a statement saying it is not connected to their investigation into the shooting deaths last week of three Mounties.

During a court appearance Monday by Jasper John Stam, the judge reportedly ordered that he have no contact with Justin Bourque, the accused in slayings of the three RCMP officers, at the request of a Crown attorney. THE CANADIAN PRESS

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Canada 'frank' on climate change issue, PM says

Prime Minister Stephen Harper says there's not a country in the world that would take action on climate change at the expense of its own economy — no matter what it might say.

Canada wants to deal with climate change without crippling the economy, he said Monday at a news conference with Australian Prime Minister Tony Abbott.

"And, frankly, every single country in the world, this is their position," Harper said.

"No country is going to undertake actions on climate change, no matter what they say ... that is going to deliberately destroy jobs and growth in their country.

"We are just a little more frank about that, but that is the approach that every country is seeking."

Abbott, who is in Ottawa on an official visit, said every country should do what it thinks is best to deal with climate change.

"We think that climate change is a significant problem. It's not the only or even the most important that the world faces, but it is a significant problem," he said.

"It's important that every country should take the action that it thinks is best to reduce emissions, because we should rest lightly on the planet."

Abbott added he is "encouraged" by regulations introduced in the United States last week to chop carbon emissions from U.S. power plants by 30 per cent by 2030. THE CANADIAN PRESS

Prime Minister Stephen Harper meets Australian Prime Minister Tony Abbott in Ottawa Monday. ADRIAN WYLD/THE CANADIAN PRESS

Canada defended

President Barack Obama has introduced regulations to chop carbon emissions from U.S. power plants by 30 per cent by 2030.

- Stephen Harper says Canada has already done more to lower carbon emissions in its electricity sector than the U.S.

Prostitution. Canadians favour crackdown on sex trade, Harper says

The Conservatives are cracking down on johns and pimps because legalizing their activities would be unacceptable to Canadians, says Prime Minister Stephen Harper.

In defending new government legislation on prostitution, Harper said Monday that activities related to the sex trade are outlawed because they are harmful to women and society in general.

"They are not harmful because they are illegal," Harper said.

"They are illegal because they are harmful."

Legislation introduced this month would, if passed, criminalize the purchase of sexual services, take aim at those who benefit from prostitution and outlaw the sale of sex near places where children gather.

Some critics say the proposed law does not adequately protect women, failing to meet the Supreme Court's primary concern. THE CANADIAN PRESS

Fatal accident

Driver was aiding ducks, court hears

A police investigator says human error was behind the deaths of two people whose motorcycle slammed into the back of a car as the motorist was allegedly helping some ducks.

Emma Czornobaj has pleaded not guilty to two counts each of criminal negligence.

Witnesses have said the accused was tending to a family of ducks when the accident occurred in June 2010. A Quebec provincial police officer told the accused's jury trial the motorcycle was going as fast as 121 km/h at the time of impact. THE CANADIAN PRESS

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easy ways to help you live well

These tips and tricks are already at your fingertips, easily within reach. Staying healthy has never been so easy!

1 Get the oral health-care supplies you want

Not every toothbrush is created equal. "Electric brushes remove two times the plaque compared to regular manual brushes," says Dr. Janet Tamo, who has practiced dentistry for more than 25 years. Visit the oral health-care section of your local grocery store to find models of Oral-B power brushes, the Crest Pro Health line, and other related products.

To ensure these products are right for you, read and follow the labels. Crest® Pro-Health Toothpaste fights cavities, plaque, tartar and gingivitis, and treats tooth sensitivity.

2 Treat your skin

A winter spent indoors can leave you with dry, scaly skin. Olay Regenerist Micro-Sculpting Cream reduces the appearance of lines and boosts hydration and brightness within 10 minutes of use.

3 The facts about daylight saving time

Turning the clock forward each spring can affect sleep patterns and lead to occasional sleeplessness. ZzzQuil contains diphenhydramine HCl, a compound that helps you fall asleep and sleep soundly so you wake refreshed.

To ensure this product is right for you, always read and follow the label.

4 Take care of your digestive tract

A daily dietary supplement such as Align Probiotic Supplement helps bring peace to your digestive system with healthy bacteria that helps provide ongoing relief of IBS symptoms such as abdominal discomfort, gas, and bloating.

To ensure this product is right for you, always read and follow the label.

5 Rid yourself of germs—easily

Crest Pro-Health Multi-Protection Rinse can rid your mouth of millions of germs and it's an effective way to fight gingivitis.

To ensure this product is right for you, always read and follow the label.

6 Stay comfortable

Always Infinity is a girl's best friend when she wants to feel fresh and dry during her period. You owe it to yourself to feel good all the time.

7 Boost your confidence

Whitening your teeth is one way of feeling more self-assured. Swing by the oral health-care section of your local grocery store and pick up Crest 3D White Whitestrips to get more confident about your appearance.

8 Increase your fibre intake

If you're not getting enough fibre from your veggies, try a fibre-rich drink. The fibre in Metamucil helps lower cholesterol levels* to promote heart health. Consider mixing a dose of Metamucil with water for a tasty drink—it'll add psyllium fibre to your diet.

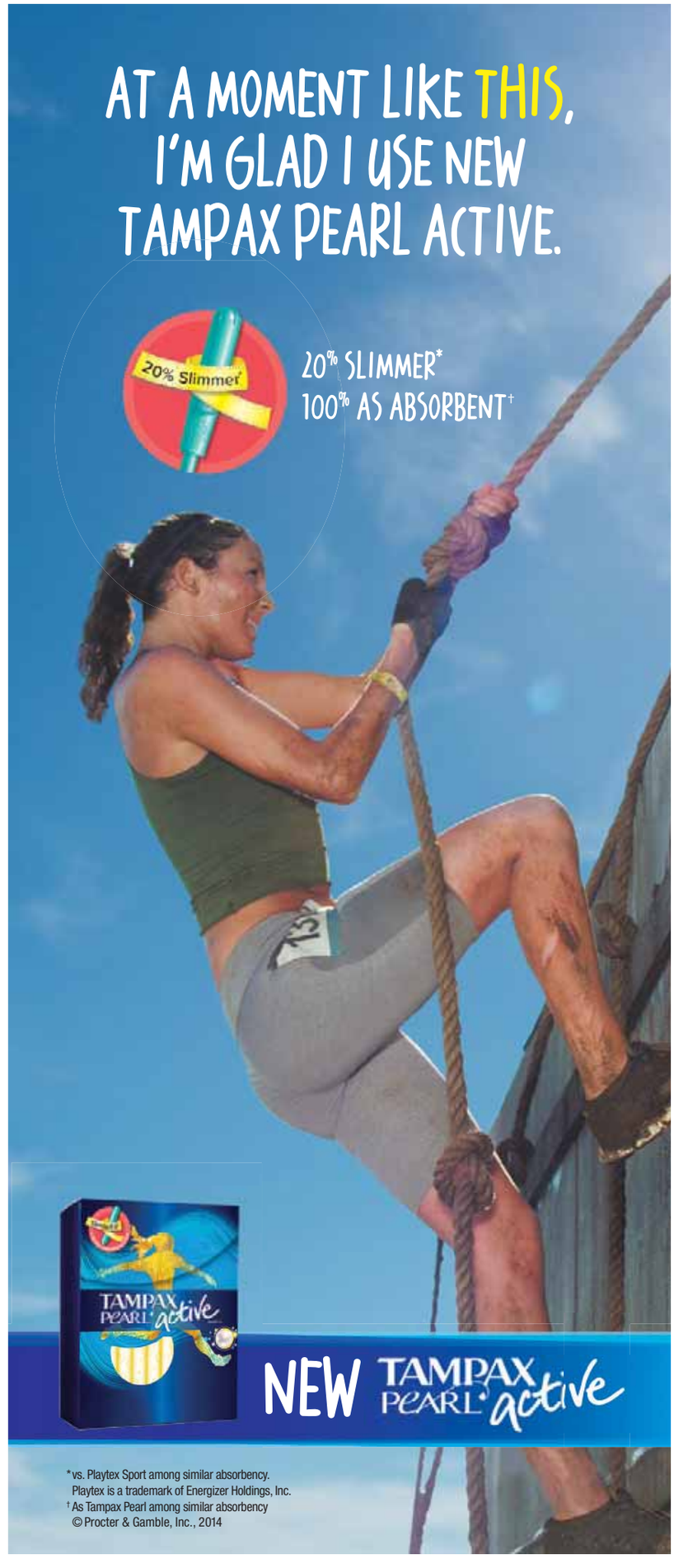
***Lowers mildly to moderately elevated cholesterol levels when taken with a low fat diet. To ensure this product is right for you, always read and follow the label.**

9 Get aerobic exercise

According to a study in the *American Journal of Preventive Medicine*, engaging in aerobic activity for two and a half hours every week (walking and cycling count!) can add an average of three years to your life. And remember, using Tampax Pearl Active will help you stick to your workout routine even when you're on your period.

GO ONLINE FOR MORE HELPFUL TIPS

Need more bright ideas to help you spring forward to a healthier you? Go to staywellmom.ca for tons of tips that are perfect for busy moms.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Get more than a post-workout glow with GOODcoins

Virtual currency. Get moving to earn rewards with this new program

SCOTT TAYLOR
Metro in London, Ont.

You've heard of bitcoins.

Well, now London, Ont., is digging into another form of virtual currency designed to get people walking the walk and pedaling the bike to a healthier lifestyle.

Those who do will be rewarded with GOODcoins, which can be used to buy a number of environment-friendly goods and services such as solar lights, compost bins, organic bedding, food and more.

Adding it up

15

GOODcoins can be accumulated by participating in one or more campaigns in London, Ont., including walking for 15 minutes a day for 15 days or pedalling for 300 minutes in a month.

It's easy to do.

Residents of the southwestern Ontario city can sign up online at london.goodcoins.ca and download the app to any iPhone or Android — they're working on a BlackBerry version but aren't there yet. As long as your phone is with you, every step taken or pedal pushed will be recorded.

"This is a different kind of rewards program," said Jay Stanford, the city's director of environment, fleet and solid waste. "It's the new kid on the block, and it has a completely different vision."

The program is being offered through Zerofootprint Software, which has a mission to reward positive behaviour and healthy choices. GOODcoins, described as "evidence-based rewards currency," are being used in places from PEI to Vancouver. The company itself is based in New York and Toronto.

Zerofootprint CEO Dr. Ron Dembo said London is "the poster-child city for launching programs like this."

Coins can also be accumulated by reducing energy consumption, completing surveys and inviting friends to join.

From corsets to the Wonderbra

This image released by the Museum at the Fashion Institute of Technology (FIT) in New York shows a 1770s European silk corset. From the corset to a 2014 bra-and-panty set in stretch silk, the Museum at FIT has taken on lingerie and ladies' foundation garments as the focus of a new exhibit. In about 70 pieces, Exposed: A History of Lingerie touches on the mechanics, marketing and cultural touchstones that have not only shaped women, but also shaped culture worldwide. The exhibition runs through Nov. 15.

EILEEN COSTA/THE MUSEUM AT FIT/THE ASSOCIATED PRESS

Equifax

Demand for credit rising out West

Credit monitoring agency Equifax says demand for credit has increased for four consecutive quarters in Western Canada, while demand in the Eastern provinces continues to slow.

Equifax says first-quarter statistics show that consumers' overall debt, including mortgages, remains high at around $1.4 trillion, up from $1.33 trillion in the same period last year.

THE CANADIAN PRESS

Market Minute

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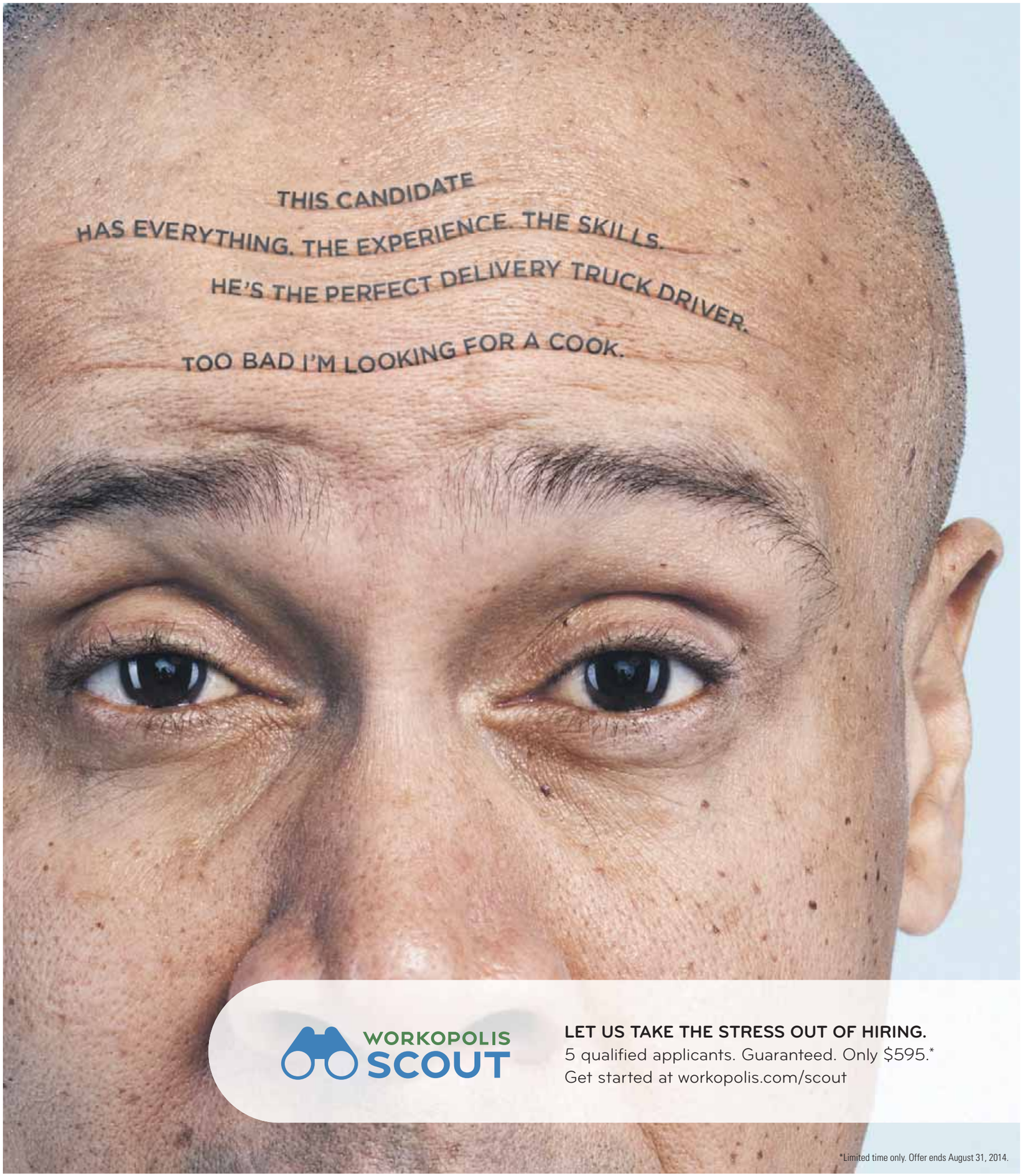
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RIGHT TO BARE ARMS NOT ABOUT GENDER

SHE SAYS

Jessica Napier
metronews.ca

As temperatures increase, so do the number of dress-code-related suspensions at schools across the country. About 30 students from Menihek High School in Labrador City, N.L., were sent home recently for wearing sleeveless shirts. One U.S. school even went so far as to digitally alter their yearbook photos — adding necklines and lengthening sleeves — in order to bring female students in line with its conservative dress code.

Angry teens and parents are speaking out against school administrations and their body-shaming clothing guidelines that demand young girls cover up so that their male schoolmates don't get "distracted" from their chemistry lesson. Personally I think we're kidding ourselves if we believe any teenage boy with Internet access would lose his mind over a bare collarbone or a visible bra strap.

Dress codes disproportionately affect female students; apparel designed for teenage girls is more revealing, and thus it's more likely to fall under a school's provisions about exposed midriffs and thighs. But if schools want to enforce mandatory clothing guidelines, they shouldn't do so in the name of oppressing sexuality and regulating male hormones. We need to take sex out of the equation and instead teach young girls AND boys about dressing appropriately.

Quebec student Lindsey Stocker is just one of many teenagers making headlines for violating her school's dress code. The Grade 11 student was suspended last month for wearing a pair of jean shorts that failed to pass the "fingertip" test. Stocker claims she was forced to stand up in front of her entire class with her arms by her side to determine whether her cut-offs were long enough to extend beyond her fingertips. They weren't.

Not only is this hemline examination embarrassing for students, it's also inherently flawed since it depends entirely on the individual's own body type. And let's face it — most of the shorts currently on sale at mainstream retailers aren't long enough to pass the fingertip test.

Adolescence is a confusing period of self-discovery and pushing boundaries. Pop culture and trendy fashion designers encourage young girls to show off their bodies while their parents and educational institutions are telling them to cover up.

School administrators need to have more tact when dealing with dress code violations rather than shaming offenders in the middle of a classroom full of their peers. Policing female bodies in order to preserve puritanical concerns of modesty is problematic. If schools insist on implementing rules on what not to wear, the rules shouldn't be about regulating sexuality; rather, dress codes should be designed to prepare students for life after graduation.

Young men and women should be encouraged to express their individuality, but they also need to understand the expectations of real-world employers. It's hardly a draconian measure to ask teens to reserve their beachwear for the weekends and cover up in the classroom. Especially when you consider some careers demand strict uniforms while most other jobs require a certain level of professional dress.

Sorry, kids, your future boss isn't going to care about your right to bare arms.

ZOOM

Willy Wonka would be proud

The Edible Mist Machines are available for hire. Inventor Charlie Harry Francis says: "It's interesting to see how clients are using them. We've had bookings for minty palate cleansers, double-flavour hits — strawberries and cream, bacon and chocolate — then clients who want to completely flavour-theme their event with multiple fun fair flavours like cotton candy, toffee apple and popcorn." COURTESY DAN REGAN/REX FEATURES

Charlie and the Edible Mist Machine

A British inventor has created a mist-ifying machine that allows you to inhale tastes including chocolate, apple pie, smoked bacon and even lobster.

The Edible Mist Machine produces delicious edible vapour in a range of more than 200 flavours. It is the brainchild of Charlie Harry Francis, founder of experimental food inventors Lick Me I'm Delicious. METRO

Glow-in-the-dark, Viagra, and other frozen treats

Francis's other claim to culinary fame has been experimental ice cream, including The Arousal, a dessert laced with Viagra designed to be man's ideal "pick-me-up."

In a recent Metro interview, Francis said: "Viagra is the funniest, but the oddest was the glow-in-the-dark ice cream because it uses jellyfish luminescence." METRO

Quoted

"It's a pretty fun machine; the range of flavours is massive and it's zero calories."

Charlie Harry Francis, 29, founder of experimental food inventors Lick Me I'm Delicious

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metro AR

In this issue, you can find AR enhancements on page 10 in News, pages 21 and 23 in Scene and page 33 in Sports

MetroTube

metro AR

Best of the bumper crop

ANDREW FIFIELD
andrew.fifield@metronews.ca

The coast of Newfoundland is, to use the local parlance, "maggoty" with icebergs this year. And this arched behemoth off Cape Spear is probably the most famous of this year's bumper crop.

Not content with the standard boat tourism, this light aircraft pilot decided to treat himself — and us — to a flyby of the famous berg. Then, seemingly non-content with a flyby, he decides to take things up a notch. (Via bendavis555/YouTube)

THECANADIANPRESSFILE

Letters

Ontario residents head to the polls in a few days and there is little talk about health care. To make it a priority, the Canadian Cancer Society is challenging leaders to take action on cancer issues, including access to take home cancer medications. Coping with a diagnosis and undergoing treatment is difficult enough, patients and families should not have to worry about how to fund their drugs. Provinces in Western Canada have provincial programs that cover the cost of eligible cancer drugs taken at home. It is time for Ontario to catch up. **Angie Woodcock, Canadian Cancer Society**

metro

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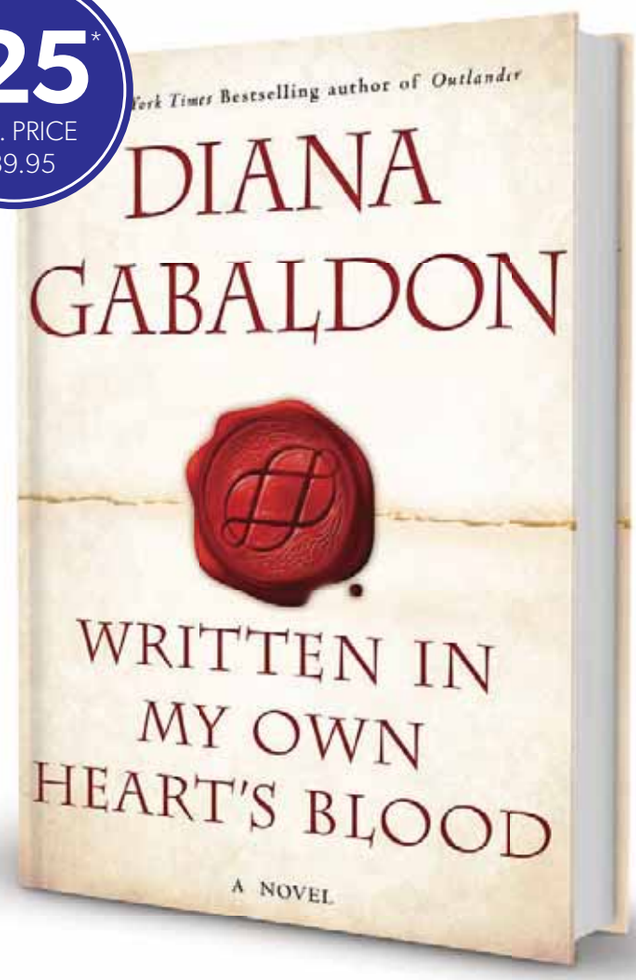

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Scan this photo with your Metro News app to view The Sacrament trailer

DVD review

Alan Partridge

Director. Declan Lowney

Stars. Steve Coogan, Colm Meaney, Tim Key, Felicity Montagu

This is Steve Coogan's big-screen version of his doofus DJ character, Alan Partridge, a comedy mainstay for BBC radio and TV. Happily for Coogan and for us, the humour translates perfectly on this side of the pond.

Oblivious to his own buffoonery, Partridge is like a British version of Ron Burgundy from the Anchorman movies.

This is smart-dumb comedy, with the main story working an idea that audiences anywhere can get: the fear of change. Norfolk Digital Radio has just been bought out by a conglomerate that is bent on doing a complete makeover, with a new station name and, of course, staff downsizings.

The 50-something Partridge isn't too dense to realize he could soon be among the pink-slipped. He sneakily moves to protect his own rump by engineering the sacking of colleague Pat Farrell (Colm Meaney).

Extras include deleted scenes, a making-of featurette and a commentary track by Coogan and writers Rob and Neil Gibbons. PETER HOWELL

Swanberg comes out from behind the lens

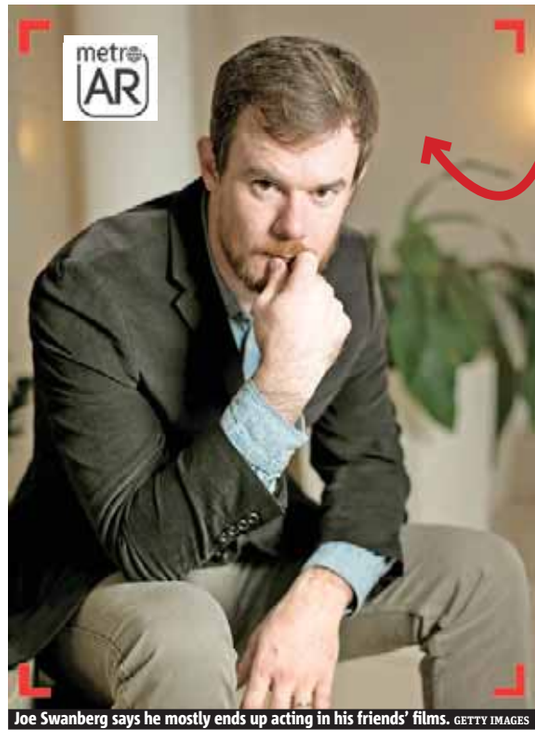
Sort of. The multi-talented actor/director plays a cameraman in Ti West's latest creepy cult thriller, The Sacrament

NED EHRBAR
Metro World News in Hollywood

Indie filmmaker Joe Swanberg has a habit of turning up as an actor in friends' films — like The Sacrament, Ti West's found-footage thriller about a Vice reporting crew getting in over their heads at a remote Jonestown-like encampment. Of course, Swanberg spends most of the film manning a camera, so it wasn't that much of a stretch.

You're playing a cameraman in this, and it's a "found footage" film. Did you actually do any of the camera work yourself?
I did, yeah. There were just certain situations that required that because the camera was going to have to spin around and just see the whole room. Ti and I basically traded off operating duties. It was an interesting challenge because I was either performing with the camera on my shoulder, or what was even weirder was performing standing behind Ti who had the camera on his shoulder and sort of pretending to be there. It took a little bit to wrap my head around it.

Had you come across any cultish types of things like this before?
Not really, but I was fascinated with Jonestown. When Ti first called me about the movie, I had already seen a ton of documentaries about Jonestown and read a lot about Peoples Temple, so it was a story that was already really intriguing to me. And then adding the Vice component was really exciting because they're just so active right now, covering different kinds of stories and putting themselves into dangerous situations. I spent some time figuring out that kind of Vice vibe. They have their own way of doing it, so we wanted to try to get that right.



Joe Swanberg says he mostly ends up acting in his friends' films. GETTY IMAGES

How do you balance acting and pursuing your own filmmaking goals?
I've been pretty busy as a director the last year. There was a period of time when I was doing a lot of acting work, and that's kind of slowed down as I've focused more on my own stuff. But I really like to act, so I hope it's something that I'll be able to keep doing.

You have your next film as a director, Happy Christmas, coming out this summer, which seems like an odd time to release it.
Well, I would describe it as more of a comedy and a family movie than it is a Christmas movie. For an independent film, it's really hard to put a movie out in December. That's when the studios are putting out all of their big Oscar movies, and it's easy to get lost. We talked about it and felt that it was a movie that would stand a better chance of finding its audience in the summer, and then in a perfect world it will be out on DVD around Christmas, and if there's a holiday component to the movie, people can catch it on home video around that time.

What was Jonestown?

In the late 1970s, cult leader Jim Jones moved several hundred members of his group, the Peoples Temple, from the U.S. to Jonestown, Guyana. When family members raised concerns about their loved ones, members of the U.S. government visited the compound. It was during this visit that Jones spiked drinks with poison, killing himself and hundreds of his followers, including children.

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Wanna win hearts like a YA protagonist?

Forget Shakespeare. If you're in need of some smooth lines to woo the object of your desire this summer, turn to these hit teen novels for inspiration

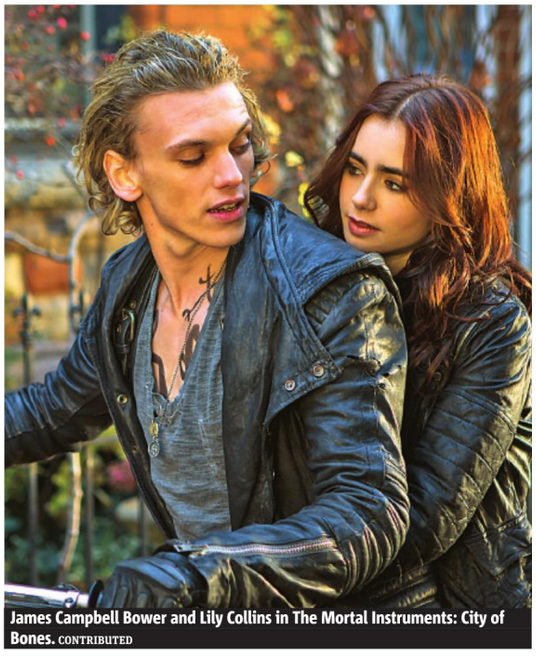
EMILY LAURENCE
Metro World News in New York City

As expected, the film adaptation of John Green's young adult novel, The Fault In Our Stars soared to the top of the weekend box office, bringing in more than $48 million US in just a few days. And it isn't just teens who can't stop talking about the story of two teens with terminal cancer who fall in love. Not only is The Fault In Our Stars inspirational, it's also witty. That Augustus Waters has some good one-liners up his sleeve. Keep reading to steal his smooth moves, as well as some lines from other YA books.

"I'm in love with you, and I'm not in the business of denying myself the simple pleasure of saying true things. I'm in love with you, and I know that love is just a shout into the void, and that oblivion is inevitable, and that we're all doomed and that there will come a day when all our labour has been returned to dust, and I know the sun will swallow the only earth we'll ever have, and I am in love with you."
— Augustus Waters, The Fault in Our Stars

Whole lotta love

"There is no pretending. I love you, and I will love you until I die, and if there is life after that, I'll love you then." Jace, from City of Bones by Cassandra Claire



James Campbell Bower and Lily Collins in The Mortal Instruments: City of Bones. CONTRIBUTED

"It would be a privilege to have my heart broken by you."
— Augustus Waters, The Fault In Our Stars

"You can be Han Solo. And I'll be Boba Fett. I'll cross the sky for you." **— Park Sheridan, Eleanor & Park**

"There is no pretending. I love you, and I will love you until I die, and if there is life after that, I'll love you then."
— Jace, Mortal Instruments: City of Glass

Ansel Elgort and Shailene Woodley in a scene from The Fault in Our Stars. JAMES BRIDGES/20TH CENTURY FOX

"I wish I could freeze this moment, right here, right now, and live in it forever."
— Peeta Mellark, The Hunger Games: Catching Fire

"Having an eye for beauty isn't the same thing as a weakness. Except possibly when it comes to you."
— Peeta Mellark, The Hunger Games: Catching Fire

"You love me. Real or not real?"
— Peeta Mellark The Hunger Games: Mockingjay

"It's my birthday, can I ask for something? Kiss me."
— Bella Swan, The Twilight Saga: New Moon

"There is never a time or place for true love. It happens accidentally, in a heartbeat, in a single flashing throbbing moment." **— Macy, The Truth About Forever**

"When you have seen as much life as I have, you will not underestimate the power of obsessive love."
— Professor Slughorn, Harry Potter And The Half-Blood Prince

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Snoop Dogg and Psy in the video for Hangover. YOUTUBE

Hair of the Snoop Dogg

Too much gin and juice? Korean YouTube phenom Psy teams up with lanky rapper for wacky hangover ode

Even Psy is over Gangnam Style. The ubiquitous 2012 hit is one Psy knows he will probably never top, and that makes creating new music quite a challenge.

"People always comparing my new thing with Gangnam Style, which is unbeatable," Psy said in a recent interview at YouTube Space L.A.

"That means I have a severe, heavy pressure on my shoulder ... In that way I don't like the song."

The bizarre, colourful video featuring the now-iconic horse gallop dance recently surpassed two billion views, a record for YouTube. The South Korean pop star also holds the record for most views in a day with 38 million for his Gangnam Style follow-wup, Gentleman.

The 36-year-old, who was famous in Korea before Gangnam, remains humble about his relatively new international fame. He admitted he is just as thrilled and surprised as his fans when he's recognized on the street.

"If I'm walking out and no one's recognized me and no one is asking me about autograph or photograph, that's a tragedy," he said. "I should quit my job with that. So sometimes it's tired, yes, of course, but that's part of my job."

Psy decided switching genres would be his best bet for another hit with his latest single, so he teamed with Snoop Dogg on the hip-hop track Hangover. He said the American rapper signed on immediately after only hearing the song's title.

The Hangover video, which debuted Sunday on ABC's Jimmy Kimmel Live! and Psy's YouTube channel, serves as a lesson in Asian hangover remedies. "This video is not about dance moves, but it's about, like, culture exchanging," Psy said.

Psy signed with Justin Bieber's manager, Scooter Braun, after Gangnam's initial success. He said he appreciates Braun's guidance and impressive drinking abilities.

"He is the most strongest tolerance with alcohol among Americans," Psy said.

"Asians drink really hard and really mixing everything and really drinking hard every day. So literally I was kind of like unbeatable person with the alcohol before I meet Scooter."

Psy will return to his EDM roots on a new EP, due later this year. But this time he plans to include more English lyrics.

"All the people you know, except Korea, they don't have any idea what I'm saying right? They're just waiting for 'Hey, sexy lady,'" he said of an English lyric from Gangnam Style."I figured out like maybe from now on I should communicate more."

But for now he'll continue rapping in his native Korean based on his new manager's advice: "He saying, 'If you are rapping in English, we already have so many rappers who's way better than you. But if you rap in Korean, you're No. 1 in this country,' which is really smart."

THE ASSOCIATED PRESS

Boozin' culture

"Asians drink really hard and really mixing everything and really drinking hard every day. So literally I was kind of like unbeatable person with the alcohol before I meet Scooter."

Psy, Korean recording artist

Online TV

Veronica Mars spinoff to launch as a web series

A Veronica Mars spinoff is among four new web series headed to CTV's digital video hub, CTV EXTEND. The web series from creator Rob Thomas premieres this fall and is called Play it Again, Dick. It stars actor Ryan Hansen as himself, as he begs his former Veronica Mars castmates to get his character, Dick Casablancas, his own spinoff show.

A spinoff of CTV's original drama The Listener, called The Toby Logan Files is available starting Monday. Guidestones: Sunflower Noir, a spinoff of Guidestones starring Supinder Wraich as Sandy Rai, and Joke or Choke, a Canadian standup comedy competition produced by Howie Mandel, will premiere on CTV EXTEND on July 15.

THE CANADIAN PRESS

Ryan Hansen in Veronica Mars
CONTRIBUTED

J.K. Rowling

Michael Gambon. CARL COURT/AFP

Michael Gambon to star in TV adaptation of The Casual Vacancy

Michael Gambon, who played Albus Dumbledore in the majority of the Harry Potter movies, will soon play another character invented by J.K. Rowling. The 73-year-old actor has landed the lead role in a miniseries adapted from the British author's The Casual Vacancy. The project is slated to air on the BBC in the U.K. and HBO in the U.S.

Gambon has accepted the role of Howard Mollison, one of the main characters in Rowling's first novel after the end of the Harry Potter series. Mollison, the owner of a delicatessen, is among those who campaign to replace Barry Fairbrother, a parish councillor who dies of a stroke. AFP

Mary Walsh in the interactive documentary Seven Digital Deadly Sins. SCREENGRAB

Click addictions. Billy Bragg, Mary Walsh explore their digital sins in documentary

One in three people winds up more depressed after looking at Facebook, and Newfoundland comedian Mary Walsh counts herself among them.

But Walsh, like many of us, can't stop scrolling through endless cute cat videos and selfies, she admits in a new interactive online documentary launched by the National Film Board and The Guardian.

Called Seven Digital Deadly Sins, the documentary examines how 21st century technology has magnified our pride, lust, greed, gluttony, envy, wrath and sloth.

English singer-songwriter Billy Bragg, novelist Gary Shteyngart, comic Josie Long, musician Bill Bailey and writer Jon Ronson join Walsh in exploring their own online sins.

For example, Bragg admits bashfully that he spends more time watching "epic fail" videos on YouTube and Googling himself than he does writing new songs.

The interactive documentary is already available on The Guardian's website at digital-deadly-sins.theguardian.com. It will launch June 12 on nfb.ca.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

George to wed in Venice, but exact plans still Up in the Air

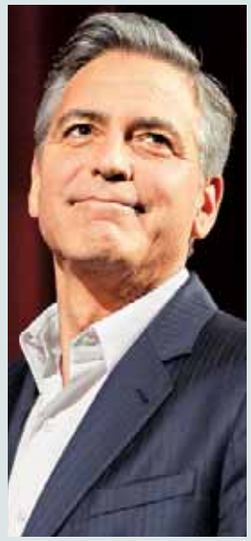
MELINDA TAUB
Metro World News

If you want to crash the wedding of George Clooney and his fiancée, Amal Alamuddin (which of course you do), you might have to hijack a gondola to do it. The two are reportedly planning to wed in Venice.

The lovebirds were recently spotted in Venice touring potential wedding venues big enough to hold all of Ocean's 11. "George and Amal want to be married in Italy, but they need a location that offers them and their guests privacy," a source told Page Six.

As Clooney fans know, the star is already an Italian resident — he lives on Lake Como. However, he and Amal apparently decided his estate wasn't secure enough to withstand the media circus that will follow the wedding of the world's second most eligible bachelor (Prince Harry's probably No. 1 at this point).

Italy is becoming quite the hot spot for celebrity weddings — Kim Kardashian and Kanye West tied the knot in Forte di Belvedere in Florence last month, and as we all know, as Kim Kardashian goes, so goes George Clooney. He's really got to stop copying her so much.



Usher ALL PHOTOS GETTY IMAGES

Bieber was a 'naive child,' but he's no racist: Usher

Usher insists that Justin Bieber is not a racist, despite the multiple videos that have surfaced of a teenage Bieber making racist remarks and jokes. "At my core, I am a person that supports growth and understands without judgment that growth often comes as a result of pain and (continuous) effort," Usher wrote in a lengthy comment beside an Instagram pic of himself and protégé Bieber. "As I have watched Justin Bieber navigate difficult waters as a young man, I can tell you that he hasn't always chosen the path of his greatest potential, but he is unequivocally not a racist. What he was five years ago was a naive child who did not understand the negative power and degradation that comes from playing with racial slurs. What he is now is a young man faced with an opportunity to become his best self, an example to the million of kids that follow him to not make the same mistakes."

Rachel McAdams

No, Rachel's not dating Jake

Jake Gyllenhaal and Rachel McAdams turned heads in Pittsburgh recently while out to dinner at local eatery Meat and Potatoes, according to E! News. The date immediately prompted tabloid speculation that a new Hollywood romance is in the works, but apparently everyone's getting ahead of themselves. It turns out McAdams and Gyllenhaal, who are in Pittsburgh to film their new movie, Southpaw, are just good friends and colleagues. For now, at least.

Putting her mettle to the pedals

Worthy cause. Danielle Berman uses her bike to ride away stigma about mental illness

AUSTEN GILLILAND
life@metronews.ca

Danielle Berman poses with her father's old bike. She will be starting and ending the ride on the bike. DAVE HEIDEBRECHT

Danielle Berman is about to set off on the ride of a lifetime.

As the organizer of Ride Away Stigma, Berman's bicycle journey will take her from Vancouver to Hamilton — almost 4,300 kilometres — in seven weeks. In that time, she will raise both money and awareness for mental health and suicide prevention, and help break down the stigma that surrounds mental illness.

She's been preparing for a year, organizing sponsorships and donations, speaking to students about mental health — all while bicycling 85 to 140 kilometres a day, six days a week. "It's basically a full-time job," says Berman, 27, who recently completed her master's degree in social work and is pursuing a career in psychotherapy.

Ride Away Stigma was inspired by her own struggles with depression and by her dad, Dr. Les Berman, a Hamilton-area respirologist who died by suicide in 1999.

Berman was a well-respected doctor and an enthusiastic cyclist. He passed his love of the sport along to his daughter. "He loved travelling and adventures," says Berman, who will ride her father's refurbished Cannondale bike as she sets off from Vancouver on July 15. "I thought the ride would be the perfect way to honour him."

Although he was never formally diagnosed with depression, Berman thinks his death was caused in part by the way that depression is stigmatized by society — and that it's likely her father felt he couldn't seek treatment without negative social and professional consequences. "It's important that we break down the stigma," she says, "so when people are struggling, they feel comfortable seeking help. That's why I wanted to focus on the stigma. I believe that's a huge part of why my dad didn't seek help."

Danielle as a child with her father, Dr. Les Berman, a well-respected doctor and enthusiastic cyclist, who committed suicide. CONTRIBUTED

Berman has planned her trip with the goal of maximizing exposure for her cause. "Because I will be on the road for so long," she says, "I'll be able to build momentum and reach as many people as I can." She has invited cyclists across the country to join her as she rides through their city this summer.

By the time she arrives in Hamilton on Sept. 7, Berman hopes to have raised $60,000. Two-thirds of the proceeds will benefit the Suicide Prevention Community Council of Hamilton and St. Joseph's Healthcare Hamilton, organizations the Ancaster, Ont. woman chose because of the local connection.

"I also thought it was important to do something that can positively affect all of Canada," she says, so the final third of the funds will go to the Canadian Association for Suicide Prevention, chosen to reflect the cross-country nature of her trip — and because mental health is something that concerns all Canadians.

"At the end of the day, this ride isn't about me," she says, emphasizing that defeating the stigma that surrounds mental health issues will take more than just one woman on a bicycle. "We need to do this together to make a difference. It's all of us together."

Get involved

For more information about the ride, or to donate, visit rideawaystigma.com.

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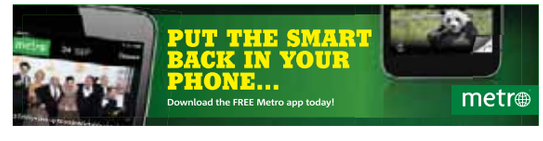

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Brazil can teach Canada about food

'Recipe for health.'
The country tackles growing waistlines with proposed guide

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Soccer fans flocking to Brazil for the 2014 FIFA World Cup (June 12 to July 13) may find very roomy seats, depending on the stadium they are in. Partly because of the country's obesity problem, at least one per cent of the seats in Brazil's newly built World Cup venues will be extra-wide — about double the size of regular seats.

According to a 2013 report by research firm GlobalData, by 2022 an estimated 64 million people in Brazil, whose economy has grown rapidly in recent years, will be overweight. And 26 million — more than one eighth of the population — will be obese. Those numbers are really scary.

Here's the good news, and it's something Canadian policymakers may want to consider: Brazil's ministry of health has proposed a new food guide that focuses not on nutrients, but on meals and foods. It's "a recipe for health," says Dr. Yoni Freedhoff, medical director of the Bariatric Medical Institute in Ottawa, and author of The Diet Fix. He adds that many of the world's dietary guidelines, including Canada's, "are stuck in a nutrient-focused approach where the goal is to ensure people meet their nutrient quotient. But people don't shop for nutrients; they shop for foods." He also notes that a nutrient focus confuses consumers into thinking a highly processed food that has been enriched with a nutrient is a healthful choice.

Jean-Claude Moubarac, a post-doctoral research fellow at both the University of São Paulo in Brazil and the University of Montreal, worked on the guide, which is undergoing public consultation. "It was important to have a guide that was updated and addressed the most recent view of nutrition." That view also includes a focus on the role of food processing and the context of eating.

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THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

This recipe makes four servings. THERESA ALBERT

Barbecued Small Fish.

Quick and easy to prepare, tiny fish with capers and lemon bake up delicate and sweet

This recipe uses smelts, herring or sardines. You may need to go to a fish market to find them, but it's worth the effort as their sweet, delicate meat cooks in mere minutes.

Purchase cleaned fish. Eating them is easy: Slide your fork over one side to pull off the flesh and expose the skeleton, which can be lifted away whole.

Preparation time: 4 minutes

Directions

1. Place fish into a glass casserole dish or lasagna pan.

2. Slice lemons very thinly and lay on top of fish.

3. Sprinkle capers and dill over fish and splash with hot sauce.

4. Bake in 425F oven or on barbecue for 6-8 minutes.

5. Season at the table with sea salt and pepper.

Ingredients

- 1 to 1 1/2 lb small fish
- 1 lemon, sliced
- 2 tbsp capers
- 1/4 cup fresh dill (or 1 tbsp dried)
- 4-6 dashes hot sauce

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Banking on a passion for portraits

Puttin' on the paint.
Art lover creates a burgeoning business out of a blank canvas

TAKARA SMALL
Metro News in Toronto
@takarasmall

At one of Paintlounge's three spacious Toronto-area stores, customers can purchase a canvas of their choice ranging from $20 for 12 by 12 inches to $55 for 24 by 36 inches, and then paint whatever their heart desires. CONTRIBUTED

With matching pink outfits, a group of enthusiastic bridesmaids is ready to celebrate. But instead of heading out to a club, they've donned paint-splattered smocks and are putting brush to canvas at a small business called Paintlounge.

Behold a new concept called social painting, which is rebooting a passion for public art one brush at a time. The woman behind the concept, Samantha Chan, is hoping it will help change how people across the city express themselves.

Chan, 30, always believed people could enjoy painting, but that they simply needed a place to do it, stress-free.

"This is something new," Chan says. "Some might be intimidated, but painting is about being creative and here you can use art as a social platform to hang out.

"We have a saying: We don't judge at all. You want to try to explore your creative side, and we are here to help."

In 2010, Chan left a job in banking to open the business' first location in Markham. Paintlounge has now expanded from its original store to two more locations in Toronto's east end (Leslieville) and west end (College Street in Little Italy); see paintlounge.ca for details.

The idea to open a business based solely on giving consumers a space to paint (and sip cappuccinos at an adjacent café bar) was a no-brainer for her, although a few of those close to her strongly disagreed with the concept. "It was difficult because people didn't understand how it would work," she says. "They couldn't see why it could work."

Ever since the age of two, Chan has loved painting, but understood that the steep price of materials meant the activity was off-limits for many.

She hopes that Paintlounge will stand out because it will provide all the tools for the consumer wanting to give painting a try, including books with simple instructions for novices.

At each store, customers can find four to five staff who are on hand to help people get the most bang for their buck. Naturally, most of the staff are artists or recent art graduates.

Chan says it wasn't always easy: During the early years of the business, she had to learn to always think on her feet.

She advises small business owners to adapt or change their business plan as they continue to grow. "If I had started something that was safer, that was tested before, like a yogurt shop, it would have been easier," she says. "I would've known more about the market and what not to do.

"You keep learning and growing," she says. "There's never a moment you're not learning every day."

Labour of love

Go to metronews.ca/mom-and-pop-shops to find out more about Saman-Chan's journey.

Colour your world

"We don't judge at all. You want to try to explore your creative side, and we are here to help."
Samantha Chan
Creator of Paintlounge

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Three minutes to win it

Sell it with speed.
Create the perfect elevator pitch with these four great tips from Shark Tank survivor Kaeya Majmundar

LAKSHMI GANDHI
Metro World News

Kaeya Majmundar, at right, with Shark Tank's Rob Herjavec, took thinking outside the box to a new level by creating a storing bin that essentially builds itself. FACEBOOK

Ask any entrepreneur and they'll say that one of the biggest keys to success is the ability to sell your product to a potential customer or investor in three minutes or less.

A good "elevator pitch" is essential.

Kaeya Majmundar knows all about the importance of a good pitch. Majmundar first came up with the idea for the BZBox, a collapsible box that does not require any assembly, when she was helping a friend pack and a box suddenly fell apart.

While building her product, she also became something of an elevator pitch expert, entering and winning a 2012 pitch competition mounted by the Collegiate Entrepreneurs' Organization.

Majmundar put those skills to good use recently when she was selected to appear on the season finale of ABC's hit show Shark Tank, where she successfully convinced investor Lori Grenier to back the BZBox.

Majmundar, a senior at Emory University, shares these pointers on how to create a great pitch.

Draw your audience in

"You have to hook them," says Majmundar of potential investors. "I'd say the most important thing is to not get bogged down with the technical details. They'll ask the right questions if they are enticed."

Create a storyline

It's important to think of yourself as a storyteller, she says. A good story may convince people to overlook some shortcomings. Also, let your passion shine through. "I didn't have the business savvy when I got started," says Majmundar. "But people saw my enthusiasm and believed in me."

Remember, all feedback is good feedback

Even people who react negatively to your idea can still teach you something. "I tend to focus more on the negative feedback than the praise because it motivates me," says Majmundar. An iffy reception from a potential investor can lead you to come up with necessary tweaks to the product.

Be persistent

"The biggest thing that I've learned is to stick with it," says Majmundar. "I can't even say the number of times people have turned me down. But there's really no dead end. You can either take a left or a right."

A passion for packin'

"I didn't have the business savvy when I got started. But people saw my enthusiasm and believed in me."
Kaeya Majmundar
Creator of the BZBox

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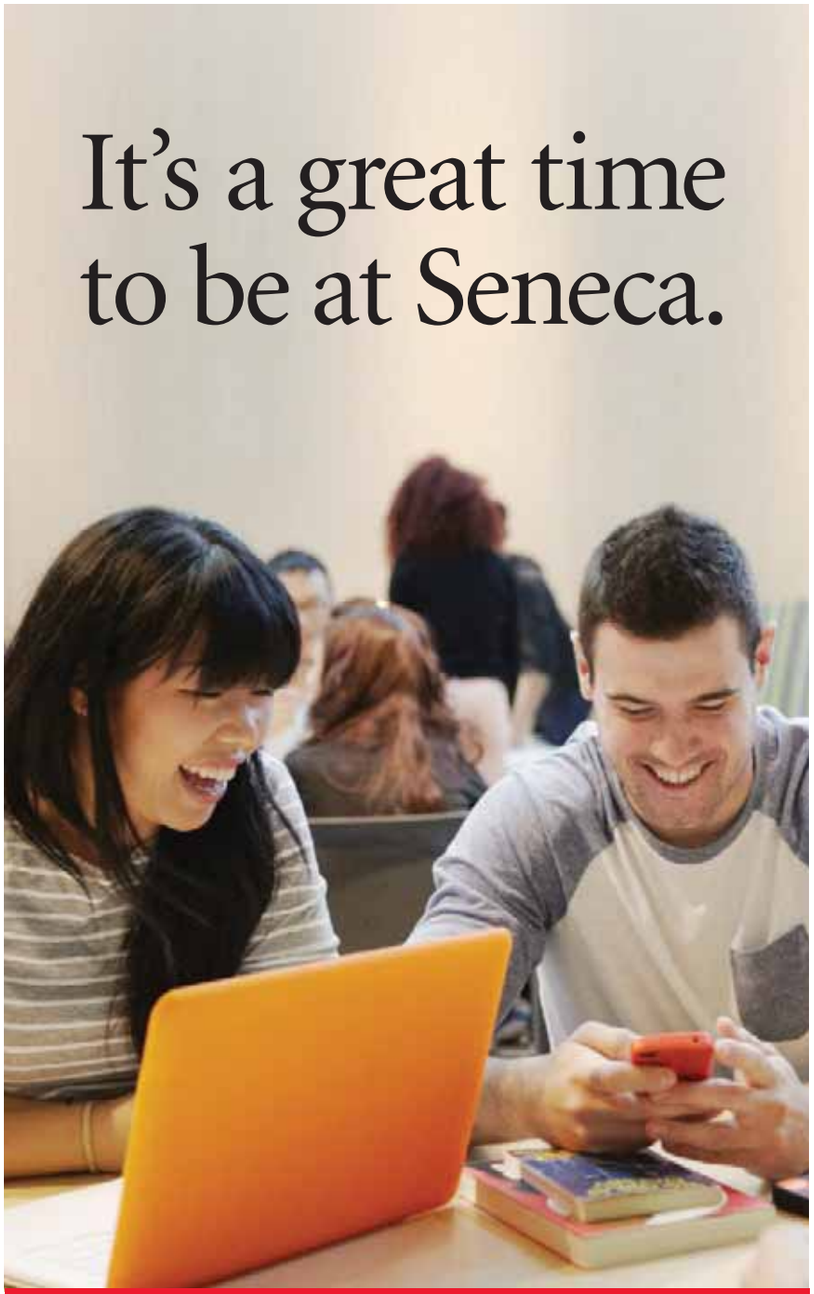

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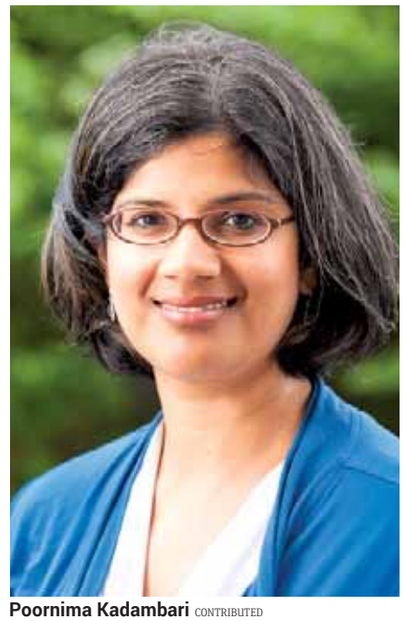


Poornima Kadambari CONTRIBUTED

Tali Rosemberg CONTRIBUTED

NEW PROGRAMS OPEN DOORS FOR GRADUATES

BACHELOR STUDENTS AT SENECA FINISH WITH A RANGE OF EXPERIENCE

Seneca College's website touts its "terrific career-focused programs in high-demand professions, the most pathways to leading universities and flexible learning options." Class of 2014 graduates and valedictorians Poornima Kadambari and Tali Rosemberg would agree with that assessment.

On June 21, Kadambari will receive her bachelor of therapeutic recreation degree, which was launched in 2010. "It's an honour to be part of the first cohort of students graduating from this program," she says.

The four-year co-op program at the King campus teaches students how to assess, design, implement and evaluate therapeutic interventions for clients, who could be nursing-home residents, hospital patients or individuals with special needs. "For me, it's the perfect marriage of social justice and alternative healing," says Kadambari, 39, who plans to pursue a master's in counselling.

The highlight for Kadambari was her field placement at Famous People Players, whose performers are developmentally challenged. Her responsibilities ranged from promoting the theatre company to schools and helping in the kitchen to ushering at a performance.

Kadambari is looking forward to a career in a versatile field. For those considering this degree, she advises: "Consider to what extent you want to spend your life working in the service of others, but in a fun way. It's a partnership between you and those you're working with."

On June 24, Rosemberg will be part of the first class to earn a bachelor of commerce–business management degree. The four-year program at Newnham campus includes courses related to the needs of small and medium-size enterprises and the business-management professionals who run them.

Rosemberg, 25, has worked as a Rogers sales associate for seven years and did a co-op placement there. "I was given more management responsibility and was involved in hiring and training, which I enjoy," she says.

Small class sizes of around 30 foster more personalized learning. "The profs get to know you, and you get to know them and the other students," says Rosemberg.

Another perk was that many instructors had PhDs and extensive business experience. "I learned a lot from the profs because of their real-life experience," says Rosemberg. "They love sharing their successes and their failures, to try to help us avoid making the same mistakes."

Technician program gets streamlined

Centennial has a reputation with industry leaders — no shortage of employment

CONTRIBUTED

Traditionally, an Ontario student who wanted to become a truck or coach (bus) technician would work in a repair shop for a year, then go to trade school for eight weeks to earn Level 1 certification. After that it was back to the shop for another year, then eight more weeks of school for Level 2. Repeat that for Level 3.

"It took three-and-a-half to five years to get certification of qualification," says Pierre Valley, the chair of Centennial College's heavy duty, motive power and truck/coach School of Transportation programs at Ashtonbee campus. To streamline the process, the Ontario Ministry of Training, Colleges and Universities introduced the one-year certificate Modified Apprenticeship Program (MAP). Students accepted to MAP spend 32 weeks in class earning Level 1, 2 and 3, followed by an industry apprenticeship. "Now it takes two and a half to four years to complete," says Valley.

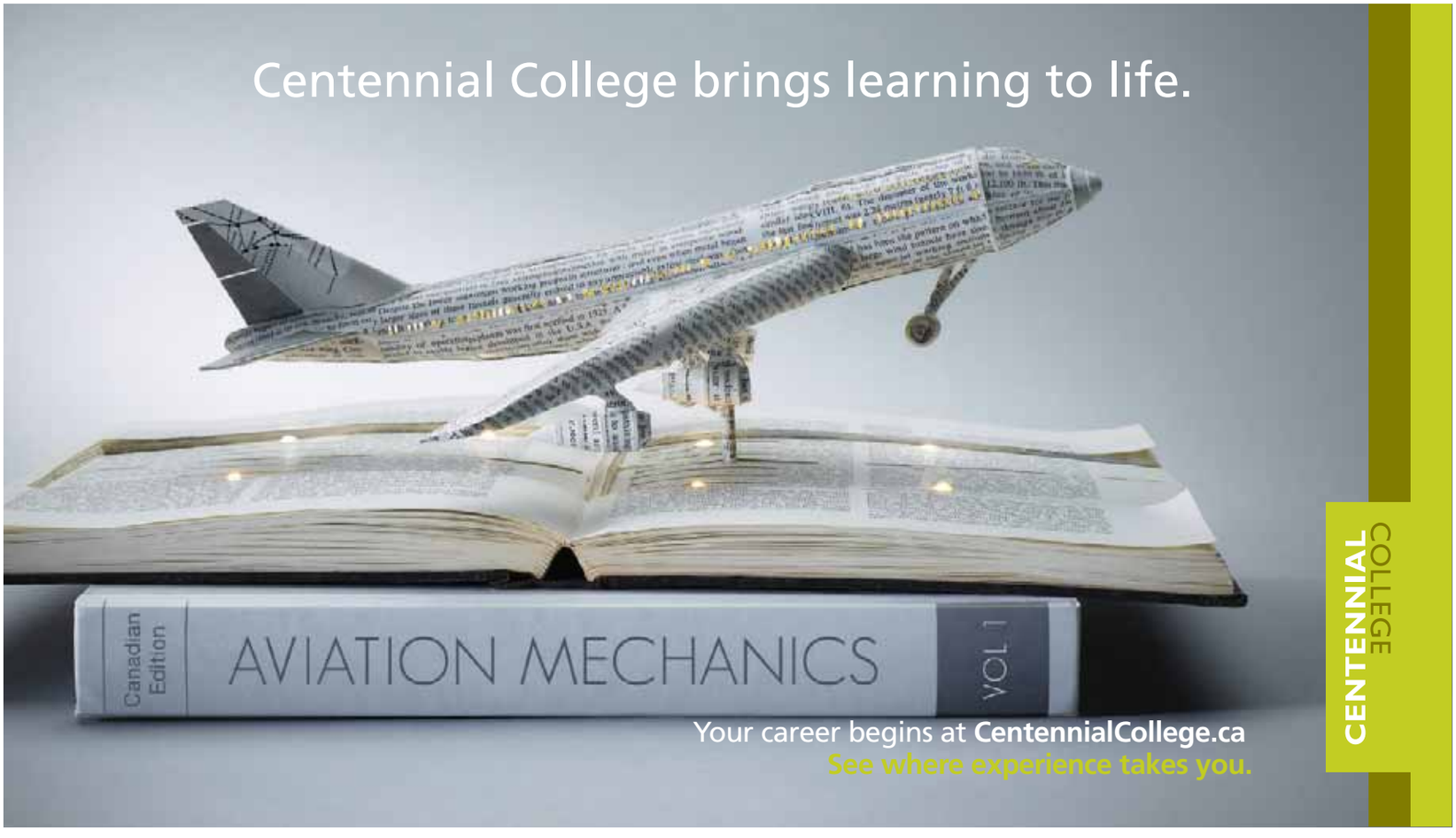
At the School of Transportation, there are around 22 students to one professor; the small classes foster more individualized learning. Some instructors are women, and five per cent of students are female. "Those who gravitate to this career have a mechanical aptitude and often repaired their own bicycles or dirt bikes as kids," says Valley.

One feature of MAP is four weeks of unpaid job shadowing, two in December and two in March. "Students will be observing for the most part but may do some supervised repairs," says Valley.

Throughout the program, students learn all aspects of diagnosing and repairing a vehicle, including engines, brakes, transmissions, tires and electrical accessories such as power windows and radios. There's no shortage of employment waiting when students have completed their 300 journeyman competencies. "It's hard, heavy work, but there is an abundant amount of jobs in skilled trades right across Canada," says Valley.

OPTIONS AVAILABLE

Centennial's School of Transportation has a long history with such renowned industry partners as General Motors, Ford, Toyota, Canadian Tire, Volvo, Freight-liner, Honda and Air Canada. There are more than 3,000 apprentices in the automotive, truck and coach specialties through the Modified Apprenticeship Program. The post-secondary diploma programs graduate more than 400 students a year.



Fatigue gets in the game at cup final

NHL playoffs. Kings, Rangers conserving energy after first two games go to overtime

Rangers defenceman Ryan McDonagh collides with Kings centre Trevor Lewis during Game 3 of the Stanley Cup final on Monday in New York. The Kings won 3-0 to take a 3-0 series lead. For the story, go to metronews.ca.
FRANK FRANKLIN II/THE ASSOCIATED PRESS

The New York Rangers had just suffered a difficult loss to the Kings in Game 2 of the Stanley Cup final, but coach Alain Vigneault didn't use the long plane ride home from Los Angeles to drill his players on how to get back into the series.

Vigneault wanted the Rangers to rest and re-energize, and after a tiring start to the series the Kings had the same idea.

"You should've seen the plane ride over here," Kings winger Justin Williams said. "It was all lights out and guys were sleeping."

Kings coach Darryl Sutter voiced some concern about fatigue earlier in the series, but the true test is how these teams will react moving forward after two overtime games and then possible cross-country flights Sunday. Neither team practised on the day before Game 3 because rest is now at a premium.

"I think the longer series go, the longer the playoffs go, (it's about) courage, determination, extra effort," Sutter said. "You're never going to feel fresh. You're never going to feel as good as you did in November. That's the way it works. That's for sure. They're people."

Williams doesn't consider fatigue a problem. For now.

"We'll be fine," he said. "It's the cup finals, there's no excuse for not being ready or not being prepared or being tired. You can get yourself ready."

That's easier said than done after it took until midway through the second overtime before Dustin Brown finished off Game 2 to give Los Angeles a 2-0 lead in the series.

Despite Williams scoring 4:36 into overtime in Game 1, there's a build-up of extra hockey going on for the Kings. That was their third overtime game in a row.

"It's pretty tough," Kings winger Marian Gaborik said. "To play this many periods the last three games, it's a lot of hockey. But everyone will find the energy."

The Rangers had a handful of days off after beating the Montreal Canadiens in the Eastern Conference final, but that doesn't mean players could immediately readjust to the time change by the time they took the ice at Madison Square Garden on Monday morning.

Trying to explain the mood around the team, forward Brian Boyle noted that it's still early in the morning. But he wasn't worried about being tired.

"You just try and get your rest and plenty of fluids," Boyle said. "It's the same for probably everybody. It's an even playing field. So you just do your best."

THE CANADIAN PRESS

Quoted

"Physically we can all do it. It's about how you recharge mentally. You have to make sure you're in the right place." **Rangers goalie Henrik Lundqvist** on the fatigue factor

Blue Jays swoop in for walk-off win

Kevin Pillar is mobbed by Blue Jays teammates after driving in the game-winning run against the Twins on Monday. FRANK GUNN/THE CANADIAN PRESS

Kevin Pillar drove in pinch-runner Erik Kratz with the winning run to give the Toronto Blue Jays a 5-4 walk-off victory over the Minnesota Twins on Monday night at Rogers Centre.

Pillar hit a flare to right field off Casey Fien that brought Kratz home from second base.

Edwin Encarnacion hit a three-run homer and Jose Reyes added a solo shot for the Blue Jays, who overcame a blown save by closer Casey Janssen to take the opener of the three-game series.

Encarnacion's blast — his 20th of the season — gave Toronto (39-26) an early lead after Minnesota (29-33) started the game with back-to-back homers off Toronto starter R.A. Dickey. The Blue Jays remained five and a half games ahead of second-place Baltimore in the American League East.

THE CANADIAN PRESS

On Monday

Blue Jays	Twins
5	4

NBA

Raptors travelling to Vancouver, Montreal for pre-season games

The Toronto Raptors will play pre-season games in Vancouver and Montreal in October.

The Raptors, who are coming off their first playoff appearance in six seasons, face the Sacramento Kings at Rogers Arena in Vancouver on Oct. 5 and the New York Knicks at Bell Centre in Montreal on Oct. 24.

"We are honoured to play host to the Kings and Knicks as part of NBA Canada Series," president and GM Masai Ujiri said in a release. "Coming off an exciting 2013-14 season, we look forward to continuing to build our fan base across Canada." THE CANADIAN PRESS

Clipper sale

Sterling pulls out of deal, lawsuit back on: Attorney

An attorney for Donald Sterling says the Los Angeles Clippers owner has pulled his support from a deal to sell the team to former Microsoft CEO Steve Ballmer and will pursue his $1-billion federal lawsuit against the NBA.

Attorney Maxwell Blecher says Monday that Sterling "instructed (us) to prosecute the lawsuit" and the deal's off.

Donald Sterling agreed to ink the deal and drop the suit last week, but then decided against it after learning the NBA won't revoke its lifetime ban and fine.

THE ASSOCIATED PRESS

Tennis

Bouchard climbs in world rankings

Canada's Eugenie Bouchard has moved up four spots in the WTA tennis rankings following her semifinal appearance at the French Open. The player from Westmount, Que., is ranked a career-high 12th, up from No. 16.

Russia's Maria Sharapova moved up three spots to No. 5 after winning the women's title in Paris on the weekend.

On the men's side, Milos Raonic of Thornhill remained in the ninth spot.

THE ASSOCIATED PRESS

Lessons from LeBron

Top NBA draft picks must adapt or die

NBA prospect Andrew Wiggins, of Thornhill, Ont. THE ASSOCIATED PRESS

They will come out of the NBA draft full of vim and vigour and promise, brilliant raw athletes from whom much is expected and will be demanded.

The likes of Andrew Wiggins, for instance, or Jabari Parker or Dante Exum or even Nik Stauskas or Tyler Ennis — and any of the young promising players already in the game — would be wise to heed one piece of advice.

Be ready to adapt or be ready to fade away.

It's worked for Miami's LeBron James, and should serve as a cautionary tale for promising young players who may think they have things at least a little bit figured out as teenagers.

James, still relatively young at 29, is a different player than when he broke into the league, his game a bit more nuanced, a bit softer around the edges, more effective.

High draft picks with great expectations may not be able to match his skill level, but they can match his willingness to adjust.

"I've changed my game since I've got to Miami in the sense that I was probably 75 to 85 per cent pick-and-rolls in Cleveland, and after that it was isolation," he said. "Now I'm a third pick-and-rolls — no, I would say 40 per cent post-ups, 40 per cent pick-and-rolls, and not even as much iso. I would sprinkle it in, and I've changed my game ... You have to."

Wiggins, for instance, is not going to be able to get by solely on his astonishing athleticism, even if that's enough to get him picked first or second in the June 26 draft. His game will have to grow. It will have to change.

TORSTAR NEWS SERVICE

Heat find hints of themselves in Spurs

NBA Finals. Miami guard says opponent's preparation, will to win makes for tight series

Dwyane Wade of the Miami Heat drives to the basket against Manu Ginobili of the San Antonio Spurs during Game 2 of the NBA Finals on Sunday. Scan the image with your Metro News app to see how some of the Finals' top performers have performed through Games 1 and 2. ANDY LYONS/GETTY IMAGES

Dwyane Wade thinks there's no one better than the Miami Heat at dealing with the mental challenge of the playoffs. In his eyes, only one other team might compare. He's talking about the San Antonio Spurs.

That's why Wade believes these NBA Finals are just getting started.

When he looks at the Spurs, he sees qualities his own team has, including an ability to break down a loss and quickly correct things. It's what Miami did before Game 2 of the finals and it's what Wade expects the Spurs to do before the title series resumes with Game 3 in Miami on Tuesday night.

"You never put them away," Wade said. "I think they always believe and it's the same with us. You can't, you won't, put us away because we're always going to believe. That's why this is a perfect, different animal, kind of series. They're the other team like us. They don't lose much and when they do they come back and are better in the next game."

That would explain why on Monday, instead of a day off, the Heat gathered to watch video of Game 2.

By winning in San Antonio to even the finals at 1-1, home-court advantage now belongs to the Heat. But no one in their locker-room thinks it's going to get easy now.

"They came out great. They played a great game," Spurs guard Tony Parker said after Miami's 98-96 win in Game 2, the 13th straight time the Heat immediately followed a post-season loss with a victory. "Now it's our turn to go over there and get one."

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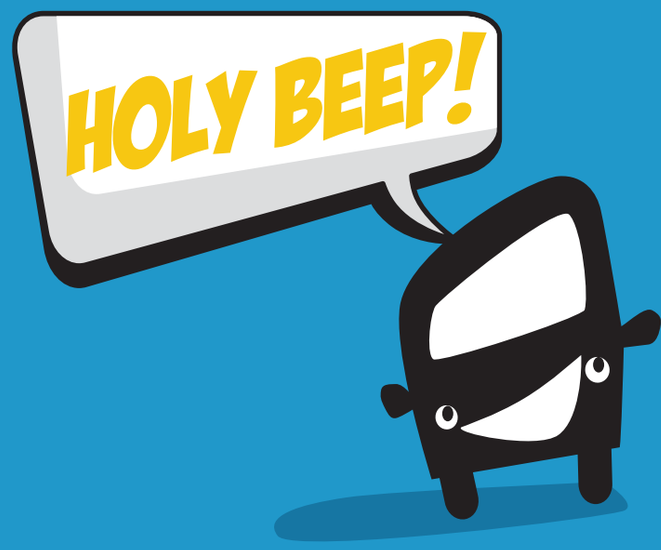

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Horoscopes

♈ Aries
March 21 - April 20
Your confidence is high but today's lunar eclipse of Saturn warns it may be only skin deep. Some kind of setback could easily send you into a tailspin, so strive to keep a sense of perspective.

♉ Taurus
April 21 - May 21
The planets warn you will have to fight hard to get your way today. Alternatively, of course, you could decide the effort isn't worth it and not fight at all. Let fate take its course.

♊ Gemini
May 22 - June 21
The more work you were hoping to do today the more the cosmos will conspire to hold you back. Now that you know that, you can stop flogging yourself half to death and take a breather.

♋ Cancer
June 22 - July 23
Keep your distance from people who seem so negative about life. It's all good at the moment, for you at least, so be optimistic and believe, with all your heart, that great things are coming your way.

♌ Leo
July 24 - Aug. 23
It would be nice if everyone was as enthusiastic about life as you are but it isn't going to happen. All you can do is smile and be a wonderful example.

♍ Virgo
Aug. 24 - Sept. 23
You may feel you are to blame for other people's problems but there is no logical reason why that should be so. The more they try to hold you responsible, the more likely it is to be their fault!

♎ Libra
Sept. 24 - Oct. 23
A positive attitude is essential because if you let even one negative thought creep into your mind it's likely to get stuck there. Life is getting better — believe it, it's true.

♏ Scorpio
Oct. 24 - Nov. 22
There is no point worrying about things over which you have no control. Let go of your fears and doubts and start thinking of life as a great and exciting adventure.

♐ Sagittarius
Nov. 23 - Dec. 21
Something will occur over the next 48 hours that reminds you just how much there still is to learn. You may yearn for perfection but it's never going to happen, so learn to be happy with who you are.

♑ Capricorn
Dec. 22 - Jan. 20
You may find it hard to feel sorry for someone who has clearly brought difficulties on themselves but if they approach you for help today you won't turn them away.

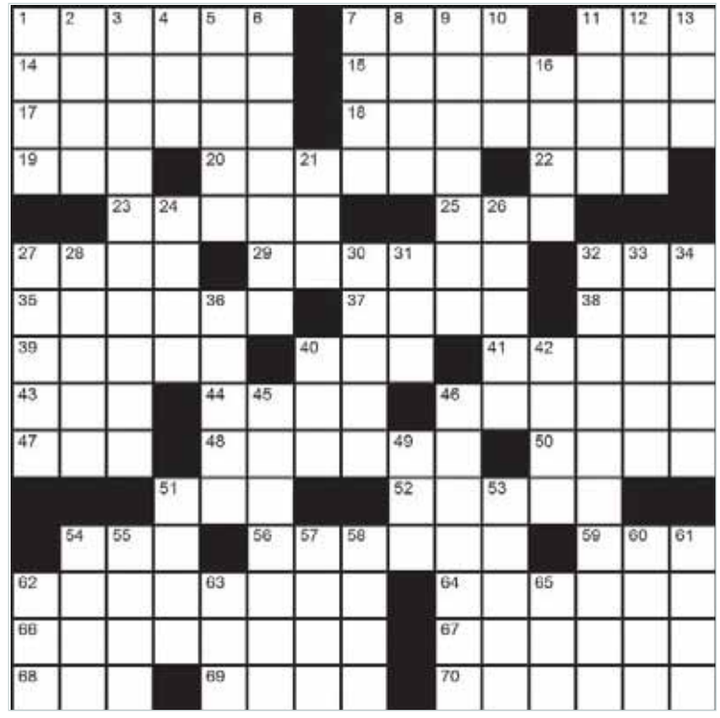
♒ Aquarius
Jan. 21 - Feb. 19
You may be tempted to get involved in an issue that is not your concern but if you are smart you will give it a miss. It will work itself out without your input.

♓ Pisces
Feb. 20 - March 20
You may want to come and go as you please but Saturn, planet of limitation, won't let you. There is something you need to do before you make your getaway. What might it be? Give it some thought — then act. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. 'Tenth Muse', to Plato
7. Prefix to 'cross' (Off-road sport for bikers)
11. School org.
14. Wobbly
15. For example... Evangeline: A Tale of Acadie: 2 wds.
17. Tiger, for one: 2 wds.
18. Hogwarts School of Witchcraft and __
19. Film studio, DreamWorks ___
20. ABBA's "__-Vous"
22. Belief system
23. Rolling Stones live album: 'Get Yer __-__ Out!'
25. Gird
27. Cummerbund
29. Watchman
32. CFL game div.
35. Most kind
37. Ms. Turturro of "The Sopranos"
38. OPEC member country
39. Bakery attraction
40. Caesar's 610
41. Rocker Mr. Redding's
43. Preacher, e.g.
44. Provo's place
46. Element
47. Earlier, olde-style
48. Useful accounting info: 2 wds.
50. Massachusetts' motto starter
51. Blokes
52. Reels
54. Car company
56. "Beauty and the Beast" (1991) character
59. Up to __
62. 'Ghosts' is this band's brand new album: 2 wds.
64. Conceptualize
66. Ian __, Toronto-born lead singer of #62-Across who is married to #9-Down
67. 1997 Green Day album
68. London's li'l locale
69. Achy
70. Assigned a job

Down

1. Stand-ins
2. Name for Canada's series of satellites
3. East Coast: Picturesque postcard place: 2 wds.
4. Piping stuff, commonly
5. Leaden
6. Where to put jam in the morning: 2 wds.
7. Weak whine
8. Mayberry kid of '60s TV
9. Christine __ (Host of CBC's "Best Recipes Ever")
10. Wood sorrel
11. Pea 'packages'
12. Condition
13. Ms. Adams
16. Refined
21. Employ
24. "Cough..."
26. Mr. Gosling's
27. Drum kit part
28. Broadcaster
30. Night: German
31. Concert items, commonly
32. Government of Ontario hub in Toronto: 2 wds.
33. Powders
34. Remainder: French
36. Lightly fry
40. Jadzia __, "Star Trek: Deep Space Nine" role
42. Welcoming
45. Hybrid citrus fruit
46. Put a person in a position
49. 'Violin' suffix
51. Bryn __ (Pennsylvania college)
53. Mumbai's country
54. The Greg __ Band
55. Elvis' "_ __ Stung"
57. Tennis serving whiz
58. Dog breed, __ Terrier
60. Stick _ __ in the water
61. Mr. Foxx
62. "Let It Ride" gr.
63. Hosp. professionals
65. Dorothy's Auntie's namesakes

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4	2					7		3
7			6			4		
		8	9					
				3				5
9		1	4		7	8		2
6				5				
					2	5		
		2			1			8
8		4					2	7

Yesterday's Sudoku

9	1	2	7	6	5	3	8	4
6	3	5	8	1	4	2	7	9
7	4	8	2	3	9	1	5	6
1	8	4	3	7	2	6	9	5
5	2	7	4	9	6	8	1	3
3	6	9	5	8	1	7	4	2
8	9	3	6	4	7	5	2	1
2	7	1	9	5	3	4	6	8
4	5	6	1	2	8	9	3	7

Today
24°/17°
Partly cloudy

Wednesday
22°/18°
Rain
80%

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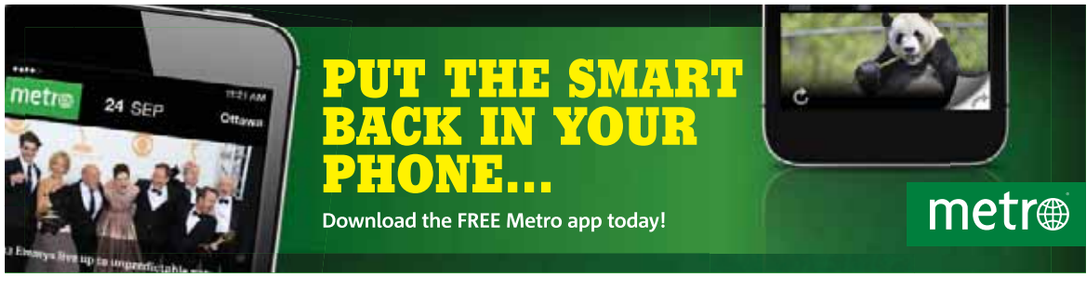

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TIM HUDAK HAS A PLAN FOR TRANSIT

If *elected*, he will *contract out* our *public* transit system to *private* operators who put

PROFITS *before* PASSENGERS leads to:

- Fare increases
- Elimination of routes and services
- More traffic congestion
- Longer wait times for passengers
- The loss of thousands of transit related jobs across Ontario
- Lower Safety Standards and Regulations for increased profitability to private carriers

Is this good government? – Is this good leadership?

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- Improving our air quality in Ontario by reducing car pollution.
- Saving up to $820 a month – nearly *$10,000 per year* on transportation costs.
- Stimulating our economy – *Every dollar* invested in public transportation generates *four dollars* in economic returns.

Tell Tim Hudak..."I'm Voting for Public Transit"

VOTE for a party that has a **PUBLIC** Transit plan | **VOTE THURSDAY JUNE 12**

This message is brought to you by the people who care about viable public transit, transit passengers, the environment, and the 13.5 million people who live in Ontario – the members of the Amalgamated Transit Union Local 1572.

TIM HUDAK'S PLAN

FIRE 100,000 PEOPLE TO CREATE JOBS?

HUDAK DOESN'T MAKE SENSE.

Vote for a plan that makes sense.
This Thursday, vote NDP to stop Hudak.

Authorized by the Chief Financial Officer of the Ontario NDP.

The Liberal Record

WASTE. SCANDAL. CORRUPTION.

- Wasted $1.1 billion moving gas plants, now under an OPP investigation
- Brought in HST and hiked the cost of vital everyday goods
- Mismanagement at eHealth resulted in $1 billion wasted
- Skyrocketing public CEO salaries & bonuses
- Started charging you for eye exams, chiropractic care and physiotherapy
- Cut $4 billion from Toronto transit plans
- Tore up collective agreements with teachers and created chaos in our schools
- $700 million wasted in ORNGE scandal
- Spent nearly $1 million to create fake twitter accounts
- Hiked college and university tuition fees to the highest in Canada
- Diluted chemotherapy drugs administered and then dragged their feet on correcting it
- Under investigation for proposed deal to bailout a US real estate developer

... and more!

Don't let them get away with it.

This Thursday, put the Liberals in the penalty box. Vote NDP.

Authorized by the Chief Financial Officer of the Ontario NDP.